



Glad Tidings

The Monthly Newsletter of St. George Greek Orthodox Church
<http://www.saintgeorge.mn.goarch.org>



Saint Gregory Palamas March 23

St. Gregory Palamas (1296-1359), Archbishop of Thessaloniki, was the defender of the Hesychasts. He upheld the doctrine that the human body played an important part in prayer, and he argued that the Hesychasts did indeed experience the Divine and Uncreated Light of Tabor. To explain how this was possible, St. Gregory developed the distinction between the essence and the energies of God. He set Hesychasm on a firm dogmatic basis, by integrating it into Orthodox theology, and by showing how the Hesychast vision of Divine Light in no way undermined the doctrine that God can not be comprehended. His teachings were confirmed by the local councils held in Constantinople in 1341 and 1351.

St. Gregory began by reaffirming the Biblical doctrine of man and of the Incarnation; that is, the whole man, united in body and soul, was created in the image of God, and Christ, by taking a human body at the Incarnation, has "made the flesh an inexhaustible source of sanctification." The Hesychasts, so he argued, in placing emphasis on the body's part in prayer, are not guilty of a gross materialism but are simply remaining faithful to the Biblical doctrine of man as a unity. Christ took human flesh and saved the whole man; therefore it is the whole man that prays to God.



How is it possible for man to know God and, at the same time, affirm that God is by nature unknowable? St. Gregory answered this question by quoting St. Basil the Great who said "We know our

God from His energies, but we do not claim that we can draw near to His essence. For His energies come down to us, but His essence remains unapproachable." St. Gregory added "God is not a nature, for He is above all beings.... No single thing of all that is created has or ever will have even the slightest communion with the supreme nature, or nearness to it." Even though God's essence may be remote from us, He has revealed Himself through His energies (or grace). These energies do not exist apart from God, but are God, Himself, in His action and revelation to the world. It is through these energies that God enters into a direct and immediate relationship with us. When we say that the saints are "deified" by the grace of God, we mean that they have a direct experience of God Himself through his energies (or grace), not in His essence.

The vision of Light that Hesychasts receive is the same Light that surrounded Christ on Mount Tabor. It is a true vision of God in His divine energies.

Apolytikion of St. Gregory Palamas

"O Gregory the Miracle Worker, light of Orthodoxy, support and teacher of the Church, comeliness of Monastics, invincible defender of theologians, the pride of Thessalonica, and preacher of grace, intercede forever that our souls may be saved."

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REGULAR WEEKLY SERVICES

Holy Confession
By Appointment

Vespers
Saturday 5:00 PM
(September—May)

Orthros
Sunday 8:15 AM

Divine Liturgy
Sunday 9:45 AM

Sunday School (when in session)
starts after administration of
Holy Communion

For Weekday Services please
check the *Calendar of Events*
included in this bulletin.



Church Staff and Office Hours

Church Office Hours
Monday through Thursday
8:00AM—3:00PM

Rev. Fr. Richard Demetrius Andrews,
Presbyter
(651) 222-6220
<mailto:FatherRick@usa.com>

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Protopresbyter Emeritus
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Archdiocese and Diocese News

SCOPA HIERARCHS ADDRESS THE PRESENT CHALLENGE TO SECURITY AND PEACE

At this time, one of the most critical in human history, we the Hierarchs of the Standing Conference of the Canonical Orthodox Bishops in America, painfully understand the exceedingly great existential burden placed upon our government leaders, who, at this crucial moment are charged with the power to decide the fate of innumerable human beings. They will have to make the ultimate decisions required by the information available to them. We pray for them, for their wisdom, determination and compassion as they contemplate actions that may have a tremendous impact upon millions of our fellow human beings, including many of our own sons and daughters.

As leaders of Orthodox Christian Communities throughout America and as servants of the One who on His way to the cross said: "Peace I leave with you; My peace I give to you." (John 14:27), we urge all leaders of governments to utilize every means available to seek a peaceful resolution to the present challenge to the security and happiness of all humankind, posed by the forces of terror and evil that threaten not only the civilized world, but the very survival of human existence.

As Orthodox Christians we constantly and fervently pray in each and every worship service of our Church "for the peace from above", and incessantly implore the Lord "for the peace of the whole world." As disciples and followers of Jesus Christ we seek and pursue peace in prayer, in faith and in action. Death, terror, destruction, and endless suffering are formidable enemies with which we are not ever going to be reconciled.

In the uniquely significant days ahead, may our good and loving God enable us all, the people of this blessed country, to know and to do what is just and right in order to secure a lasting peace on our planet Earth.

+Archbishop DEMETRIOS,
Chairman
Greek Orthodox Archdiocese of
America

+Metropolitan HERMAN
Orthodox Church in America

+Metropolitan PHILIP,
Vice Chairman
Antiochian Orthodox Christian
Archdiocese of North America

+Archbishop NICOLAE
Romanian Orthodox Archdiocese
in America and Canada

+Metropolitan CHRISTOPHER,
Secretary
Serbian Orthodox Church in the
USA and Canada

+Metropolitan JOSEPH
Bulgarian Eastern Orthodox
Church

+Metropolitan NICHOLAS of
Amissos,
American Carpatho-Russian
Orthodox Diocese in the USA

+Metropolitan CONSTANTINE
Ukrainian Orthodox Church of
the USA

+Bishop ILIA of Philomelion
Albanian Orthodox Diocese

(More Diocese News on the Next Page)

DEADLINE FOR APRIL GLAD TIDINGS: MONDAY, MARCH 10.

SCHOLARSHIP APPLICATIONS NOW AVAILABLE ON-LINE

Applications are being accepted for scholarships to be awarded from George and Naouma (Gioule) Gioles Scholarship Fund of the Greek Orthodox Archdiocese of America. The Gioles Scholarship Fund was established in 1997 with a generous gift in memory of George and Naouma Gioles. At least three scholarships of \$1,500.00 each will be awarded for the 2003-04 academic year.

Applications are being accepted for the Katina John Malta Scholarship Fund, a new scholarship program established at the Greek Orthodox Archdiocese of America by means of a generous gift from the estate of Katina John Malta. The donation and the formation of the scholarship program has been done in recognition

of the love Katina had for the Church and in honor of the desire she had to help others, especially children and youth. For the 2003-04 academic year, two scholarships will be awarded in the amounts of \$2,000 for each scholarship.

Application forms are available upon request from the Office of the Chancellor of the Greek Orthodox Archdiocese - (212) 774-0586 or e-mail (ppolychroni@goarch.org). Completed applications should be sent to the Gioles Scholarship Fund, c/o Greek Orthodox Archdiocese of America, Office of the Chancellor, 8 East 79th Street, New York, NY 10021. The deadline for applications is April 1, 2003

Awards will be announced no later than May 31, 2003.

Metropolis of Chicago Junior Olympics - 2003

Date: May 23 - 25, 2003

Host Parish

**SS. Constantine & Helen Greek Orthodox Church
11025 South Roberts Road
Palos Hills, Illinois 60465
(708) 974-3400**

Contact

**Fr. Nicholas W. Jonas, General Chairperson
Mr. Tom DeMedeiros, Director of PR & Volunteers
Mr. Chris Avramopoulos, Director of Registration**

Categories

Ages 7 thru 12

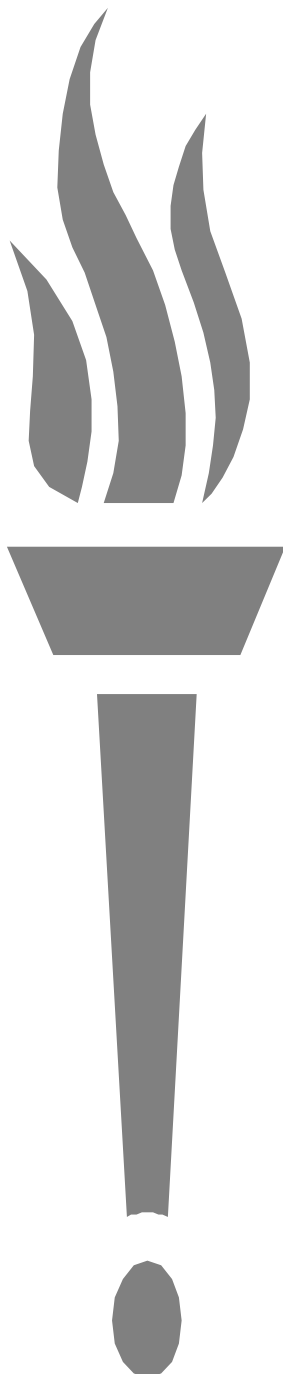
**Track, Field, Basketball, Soccer,
Swimming, Chess, and Checkers**

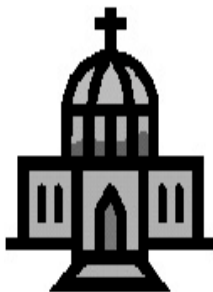
Ages 13 thru 18

**Track, Field, Volleyball, Swimming, 10K Run, Bowling,
Tennis, Chess, Checkers, Table Tennis, Softball
Soccer (13—15)**

Ages 19 and over

10K Run





Stewardship 2003—With All My Heart

Thank you to the 75 people who returned their 2003 Stewardship Cards. Pledges total \$63,959 for an average pledge of \$852.79. We have pledged 36% of our total goal. Please fill-out yours and return as-soon-as-possible. Please try to increase your Treasure pledge by 10% and don't forget to pledge Time and Talents.

Year 2003 STEWARDSHIP REPORT

as of February 22, 2003

Amount Budgeted:			\$ 176,577.00
Amount Pledged:			\$ 71,291.00
Balance to be Pledged:			\$ 105,286.00
Percent Pledged:		40%	
Number of Stewards	83	66%	(of contributors)
Avg. Amt. Pledged per Steward	\$ 858.93		
Amount Paid by Stewards:			\$ 15,636.67
Avg. Paid per Steward (YTD)	\$ 188.39		
Number Stewards w/o Payment	25		
Balance to be Paid by Stewards:			\$ 55,654.33
Percent Paid:		22%	
Total Paid by Non-Pledgers			\$ 5,957.00
Number of Non-Pledgers	68		
Average Paid by Non-Pledgers	\$ 87.60		
Total Contributions:			\$ 21,593.67
Number of Contributors:	126		
Average Contribution:	\$ 171.38		
Balance to be Paid on Budget:			\$ 154,983.33
Percent Paid on Budget		12%	
		<u>of Contributors</u>	<u>of Stewards</u>
Time & Talents Pledgers	55	44%	66%
Increased From Previous Year	44	35%	53%

Please return your Stewardship 2002 Pledge Card indicating your commitment of Time, Talents and Treasures to the St. George Greek Orthodox Church. Thank you!

To Better Help You Understand this Report:

Steward = an individual or family who submits a pledge card.

Non-Pledger = an individual or family who contributes but does not submit a pledge card.

Contributor = any individual or family who contributes to stewardship fund.

Time and Talents Pledger = a steward who marked at least one time or talent on pledge card.

Increased From Previous Year = a steward who pledged more treasures than last year.

PASTORAL GUIDELINES—BAPTISM

Each one of us was baptized at some point in our life before we became Christians. Do we know why? What baptism means? How it impacts our life? Read on for our next segment in pastoral guidelines. Last month we began our series by discussing traditions and teachings about birth, naming, and 40 day churching. This month we'll take a close look at Baptism and Chrismation.

Baptism comes from the Greek word that means "to immerse (in water)." Baptism was practiced in antiquity for different purification rituals. The Israelites practiced this as evidence by John the Baptist ministry towards repentance and forgiveness of sins. All this changed dramatically when Christ came to be baptized by John in the Jordan River. On one hand we have the revelation of the Holy Trinity (Father as the voice from heaven, Holy Spirit descending as a dove, and Christ as the beloved Son). On the other hand, the meaning of baptism changes. When Jesus was baptized, He was in no need of cleansing because He was without sin. However, by Jesus' divine nature He purified the waters of the Jordan and through them the whole creation. In Orthodox Christian teaching, our baptism is not merely cleansing but it is a change in our human nature. We receive the new sanctified and holy human nature given by Christ. Even more so, we are mystically united to Christ in both His death and Resurrection.

Likewise, just as the Holy Spirit descended upon Christ, when a person is Chrismated the Holy Spirit descends upon him/her too.

Likewise, just as the Holy Spirit descended upon Christ, when a person is Chrismated the Holy Spirit descends upon him/her too. The Holy Spirit bestows grace and power to live the new life in Jesus Christ. This divine grace is transmitted through the "myroma," a specially mixed and blessed oil, and is administered by the priest immediately after baptism. Having received both of these Mysteries or Sacraments we become full members of the Body of Christ—the Church and are able to participate in the other sacramental mysteries, especially the Eucharist—Holy Communion.

Baptism and Chrismation are not magical one-time acts that set us for life. Rather, they are just the beginning of a new God-centered life that must be nurtured each day through prayer, each week through worship, and a continual self-sacrifice of our egoistic needs through repentance and giving to others. Baptism and Chrismation are beautiful gifts that must be picked up and used every day of our lives. They must not be put on a shelf or hidden away for some future sentimental remembrance.

Having these things in mind, let us look to the practical preparations necessary for baptism in the Orthodox Church:

SCHEDULING—The first thing is to set the date for baptism. This must be done through the priest at church. Call to set an appointment with him at which time paperwork can be filled-out and he can give you educational literature and guidance. Scheduling in advance is most helpful—at least one to two months ahead of time. For adults, a minimum one year preparation through catechism is required. Please consult the priest for details. For infants, 3 through 9 months of age is ideal but any age is acceptable. Because of the sacred cycles of the church worship year, baptisms are prohibited during the following times: Christmas Day (December 25) through Theophany (January 6) inclusive; during Holy Week or any of the Great Feasts of the Lord. Baptisms are discouraged during fasting periods (Advent November 15—December 25 and Great Lent, August 1-15).

PARENTS—Since Baptism and Chrismation are the entrance into the life of the Church, parents are expected to be regular participants in the sacramental/mysteries. This is an expression of the life, faith, and love of the Orthodox Christian for the Church. Parents are also expected to be actively supporting the Church by offering time, talents, and treasures. Participating in fulfilling an annual financial pledge to the parish is included in this active support. Parents must also be married in the Orthodox Church.

GODPARENT/SPONSOR—Parents are responsible for selecting one mature and faithful member of the Orthodox Church as a sponsor (anadochos/nouna/nouno) for their child. This person must be at least 12 years of age and one who lives his/her Faith and will assist the candidate as he/she grows in the Orthodox Church. The sponsor must be an active member in good standing of his/her respective church. If a member of another church, must present a letter of good standing from home parish priest. If married, the sponsor must be married in an Orthodox service. A parent cannot sponsor their own child nor can Orthodox clergy be a sponsor. Parents are encouraged to look outside their blood relatives for a sponsor in order to expand the spiritual family within the church. Parents should consult with the priest for guidance in selecting an appropriate sponsor.

NAMING—It is the prerogative of the parents, not the sponsor, to select one baptismal name for their child. The sponsor or grandparents may suggest some helpful ideas but the final decision is that of the parents. Strictly speaking, the name is given on the eighth day after birth, in the context of a special service celebrated with the priest in the presence of the parents and child. Choosing a Christian or Saint's name is an established tradition. The priest can provide you with possible names from the saints' list along with inspirational biographies. Please inform the priest of your choice before the baptism service. The use of two names for baptism is discouraged.

REBAPTISM—Although some people encourage rebaptism (especially in the case of converts), the official practice of the Ecumenical Patriarchate, the Archdiocese of America, and the Metropolis of Chicago is no rebaptism. The church recognizes baptisms in some other Christian denominations and even clinical baptisms by a lay person. In both cases, the reception of the person into the Orthodox Faith is completed in the church proper with the Sacrament of Chrismation.

CLINICAL OR EMERGENCY BAPTISMS—If an unbaptized child or person is in grave danger of dying through illness or injury, the priest (and even a layperson if necessary) can perform a clinical or emergency baptism in the home or hospital. Please contact the priest in this case.

ITEMS NEEDED AT SERVICE—The following items must be provided for the baptismal service. 1) Small blanket. 2) Large bath towel. 3) Twin/single bed sheet. 4) Two small hand towels. 5) Bar of soap. 6) Small bottle of olive oil. 7) Orthodox Cross with chain. 8) Undershirt. 9) New clothes or dress. 10) Decorated candle, at least one, up to three. All items should be white, except for olive oil and cross. Traditionally, the godparent provides these items, but they can be supplied by other people.

EXCEPTIONS—Any exception to the above must be discussed with and approved by the priest and/or the diocesan bishop. For adults seeking to convert, special considerations apply. Please consult the priest.

God bless,

+Fr. Rick

St. George Greek Orthodox Church

*Minutes—Parish Council Meeting
February 13, 2003*

A number of St. George Greek Orthodox Church members have asked the Parish Council to improve their efforts conducting church business and responsibilities. After careful consideration and discussion of the various issues, it was agreed upon that the community must work together toward the following action plan for improvement:

1. The Parish Council will take on a stronger leadership role in all Parish business matters such as stewardship and fundraising.
2. The Parish Council members have agreed to devote the time necessary to adequately perform the above duties.
3. As a result of # 1 and 2 above, Fr. Demetrius will have more time to focus on our spiritual needs.
4. Father Demetrius and the Parish Council will continue working together to clarify, strengthen, and advance the mission of Saint George Greek Orthodox.

5. The Parish Council will schedule an open forum to gather constructive input from the community.

Treasures report was not available because of the transition period from old to new treasurers team.

A list of items the Kitchen Committee is considering was submitted. After further discussion, it was decided which items would be given a priority of 1, 2, or 3. These will be included on the proposal of capital investments.

The 2002 year end balance sheet and cash accounts summary was explained.

The agenda for the Parish General Assembly meeting on February 23 was reviewed.

It was noted that a new phone system was donated by an anonymous donor.

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St. George GOYA Girls Basketball Team captures Third Place at the 2003 Chicago Diocese Basketball Tourney in Milwaukee, WI.



JOY kids with His Eminence at the 2003 Chicago Diocese Basketball Tourney in Milwaukee, WI.

Pastoral Hospital Visits

Please be sure to inform Fr. Rick if you are, or are going to be, in the hospital. If necessary, hospital staff can contact the priest at your request. They will not automatically call on your behalf.

Prayers for Health and Healing

If you would like prayers for health and healing, please let Fr. Rick know. He will keep you in his daily prayers and during Sunday Divine Liturgy. If you would like the prayers of the whole community, please let Fr. Rick know and your name can be listed in the Sunday Bulletin.

GRIEF SUPPORT GROUP

Year 2002 was especially difficult for our community with so many deaths. In an effort to minister to the many people who lost loved ones, Fr. Rick is scheduling an initial meeting for a grief support group. The meeting is open to anyone. Please come to support and give hope to each other on *Monday, March 24th at 7:00 PM.*

Pictorial Directories Available!

Pictorial Directories will now be offered for \$5 each. Please see Mimi Doris after the Divine Liturgy in the social hall. Copies are also available in the bookstore.

THE MYSTERY OF DEATH

On Wednesdays of Lent, following the Pre-sanctified Liturgy, Fr. Rick will give a series of brief presentations on the Mystery of Death. Liturgy begins at 6:00 PM, a lenten meal will follow with Fr. Rick's lecture at 7:30 PM. Further details forthcoming.

2nd Annual Lenten Lecture Series

(Held on Fridays of Great and Holy Lent)

This year's theme: "The Holy Mysteries."

Schedule of speakers and topics

March 14	Fr. Timothy Sas	Ordination
March 21	Fr. Thaddeus Wojcik	Baptism and Chrismation
March 28	Fr. Robert McMeekin	Icons
April 4	Fr. Nathan Kroll	Eucharist
April 11	Fr. Marc Boulos	Marriage

Each evening schedule

Akathist/Salutations Service	6:00PM
Lenten Meal	7:30PM
Lecture	8:00PM

This event is open to everyone.

Basketball Tournament Summary

Nearly 40 people from St. George participated in the annual Family Basketball Tournament in Milwaukee, WI. Our church had four teams participate (men, womens, girls, and JOY). The girls team took third place. The men's team lost at the buzzer in the semi-final game. JOY kids participated for the second consecutive year. Looking forward to next year in Minneapolis!

Orthodox Christian Fellowship

Orthodox Christian Fellowship (OCF) is an Orthodox ministry on college and university campuses throughout the country. The meetings are held at the University of Minnesota on *Thursday evenings 6:00—8:00 PM.* And at St. Thomas University on the *third*

Thursday of each month 12:00—1:00 PM. The purpose is to discuss current events in society and the world, learn about the Orthodox Christian Faith, and apply the Faith to your daily lives. For more information contact Fr. Rick at the church.

MISSION SUNDAY

The Standing Conference of Canonical Orthodox Bishops (SCOBA) has designated *Sunday, March 9* as **Mission Sunday.** The Orthodox Christian Mission Center (OCMC) is providing coin boxes to accompany the lesson plan for the Sunday School students on this day. *Let's work together to remember the World's need for Christ!*

STEWARDSHIP COMMITTEE MEETING

The Stewardship Committee meets the *fourth Tuesday of each month at 7:00—9:00 PM each month.* We're always looking for new members to this unique committee.

St. Paul Chamber Orchestra to Premier Violin Concerto by Tsontakis

Steve Copes (Kopidakis), St. Paul Chamber Orchestra Concertmaster, will be premiering a new violin concerto by the Greek-American composer George Tsontakis on *April 18 and 19* at the Ordway. Tickets can be purchased through the St. Paul Chamber Orchestra website: <http://thespc.org/events/>.

March Coffee Hour Schedule



March 2	Pitsavas Family-memorial
March 9	Philoptochos/Cheesfare
March 16	Peter and Dana Tountas Family
March 23	Steve and Trottie Zeece
March 30	Georgopoulos Family (Koliva only) Greek School Independence Day Luncheon

WHAT SHOULD I DO DURING GREAT LENT?

Most of us realize that prayer, fasting, and almsgiving are the three basic Christian and lenten necessities, but we often realize as well that we cannot keep the strictest lenten regulations of the Church which are, in fact, monastic rules. We know that we will not make a maximum effort and so we sometimes feel frustrated, lost, and without guidance.

DO WHAT YOU CAN

When seeking practical advice concerning lenten practices, the only realistic guideline is to do what you can. You know that the essentials are prayer, fasting, and almsgiving. Intensify your prayer. Fast as fully as possible. (More and more, people are finding that the total abstinence from meat for the entire lenten season is surely not out of the question, even for the laity!) Give to others, asking nothing in return. Know, as well, that all of your fasting, praying, and almsgiving must be exercised in secret. The only real goal and purpose of Great Lent is to enter into a deeper love for God and for those around us.

CERTAIN WEEKS

Another concrete, yet traditional suggestion, is to keep certain lenten weeks in a more careful and strict way than others. For example, the first and third weeks of Great Lent, in addition to Holy Week, can be set aside for a greater and more concentrated lenten effort. Very practically speaking, everyone can keep certain weeks, or at least one week, in a very special way. If this is done, there is no doubt that the result will be very positive and the time spent may prove to be the most inspiring and fruitful time of our entire life. We can only try it and see!

WHAT TO DO

Here are some concrete guidelines for taking Great Lent more seriously:

- Turn off the television, radio, and stereo for the entire lenten season, except for news and serious or educational programs.
- Do not visit or engage in outside activities for their own sake. Keep useless talking to a minimum. Do only necessary business, good works, and acts of charity.
- Examine and measure every aspect of your life—family, work, society, politics, economics, values, and desires—against the model set forth by the life and teaching of Jesus Christ.

- Question yourself in regard to love, truth, honest, purity, humility, peace, forgiveness, justice, mercy, hungering, and thirsting for God, wisdom, and knowledge.
- In the name of Jesus Christ, forgive all who have offended you and seek forgiveness from those whom you have offended. If it will not be embarrassing or misinterpreted as an act of self-righteousness, express yourself as concretely as possible. Visit, make a phone call, and so forth.
- Set aside and give a sizeable portion of your resources to others; the parish, the poor, a social or educational agency. Tell no one what you have done. Ask no gratitude and forgo requesting a receipt. Do not advertise what you are doing.
- Fast strictly at all times. Eat no meat, as the basic minimum. Suit your fast to your work, but avoid luxury. Again, tell no one. Do not advertise or discuss your fasting with anyone and avoid judging others who may not be fasting with you.
- Pray at home at least at one fixed time each day. Choose a brief rule of prayer, but keep it faithfully.
- Read the scriptures in the same brief, yet regular way. You may wish to follow the Church's calendar, read a chapter of a given book on a daily basis, or simply read and reflect upon passages which you happen upon. In addition, meditate upon these: 1 John; Romans 12-14; Matthew 5 - 7, and John 14-17.
- Be faithful to Christ's gospel in every word, action, and thought—even the smallest or most insignificant.
- Participate in all of the weekly lenten services, especially the Liturgy of the Presanctified Gifts, Saturday evening Great Vespers, and the Sunday Divine Liturgy, confessing seriously and receiving Holy Communion frequently.

PEACE AND JOY

If we do these things, not in a spirit of gloomy self-denial or irritated self-pity, we will gain an awareness of genuine peace and joy in communion with God and those around us. This is guaranteed, and, our participation in and celebration of the least of Our Lord's resurrection will be cherished forever!

[Taken from a brochure from the Department of Religious Education, Orthodox Church in America (OCA)]

MINNESOTA EASTERN ORTHODOX CLERGY ASSOCIATION (MEOCA)

[Http://www.meocca.goarch.org](http://www.meocca.goarch.org)

COOPERATIVE CATECHISM

WINTER 2003—Mondays from 7:00 to 9:00PM

<u>DATE</u>	<u>TOPIC</u>	<u>INSTRUCTOR</u>
March 3	Sacraments I- Baptism, Chrismation, Confession, Unction	Fr. Paul Wesche
March 10	NO CLASS- GREAT LENT BEGINS	
March 17	Sacraments II- Eucharist, Liturgy, Worship, Prayer	Fr. Paul Wesche
March 24	NO CLASS- EVE OF ANNUNCIATION	
March 31	Sacraments III- Marriage and Monasticism	Fr. John Mangels

Deadline for the April Issue of Glad Tidings is **March 10th.**

Please Mark Your Calendar

January 1 through April 15:

Philoptochos Membership Drive

Philoptochos is taking new memberships and renewing old memberships. The amount of your membership is a free will offering. Make checks payable to Philoptochos. You can mail your donation to Philoptochos in care of St. George Greek Orthodox Church or give your donation to Jackie Matuska or Vicky Paraschou.

March 4: 6:30 PM Regular Meeting

March 9: Cheesefare Sunday

Philoptochos is serving lunch after the Divine Liturgy.

April 1: 6:30 PM Regular Meeting

April 14: Loaves and Fishes

April 27: Pascha

Philoptochos serves coffee and traditional breads after the Pascha service.

Cheesefare Sunday

Cheesefare Lunch is being served after the Divine Liturgy on March 9, 2003. Get your tickets from Becka Dokos. The cost of each ticket is \$7.00. The menu consists of spanikopita, tyropita, bread, salad, beverage, and dessert. All of the proceeds will be used to support the Archdiocesan Missions Program.

Thank You!

Thank you Harold and Cecilia Johnson, Fred Treiber, and Dan and Jackie Matuska for serving approximately 80 people at Loaves and Fishes on Monday, February 10, 2003.

Loaves and Fishes

The next Loaves and Fishes is **Monday, April 14**. Please plan to participate or donate to this important event.



Volunteers Needed

We are still in need of Philoptochos members to help chair some of the events. If you are interested, please contact Jackie Matuska (651-483-1487 or email her at jackylm@aol.com).

Money distributed January 20, 2003 through February 22, 2003:

St. Basil's Academy	\$ 900.00
Social Services	350.00
Children's Cardiac Program	250.00
Children's Heartlink	100.00
Trinity	75.00
St. Photios Shrine	25.00
March of Dimes	10.00
TOTAL	\$1,710.00



BEGINNING LENT IN WEST AND EAST

As Lent approaches for all Christians, the Fellowship of St George invites Episcopal and Orthodox Christians to experience together the traditional services that mark the start of Lent in our traditions, on Ash Wednesday and Forgiveness Sunday. The Fellowship of St George is a local group of Orthodox and Episcopalian Christians committed to relations and mutual upbuilding through study, prayer, and active ministry.

March 5—Ash Wednesday

On *Wednesday, March 5, at 7:00 PM*, Orthodox Christians are invited to attend the Proper Liturgy for Ash Wednesday at the Episcopal Church of the Holy Apostles,

2200 E Minnehaha Ave, St Paul. After the service, Fr. Bill Bulson, vicar of Holy Apostles, will provide some historical background about Ash Wednesday, review the text in the Book of Common Prayer, and allow an opportunity for questions and reflections about the experience of penitential prayer. An Orthodox perspective will be provided by Deacon Nicholas Denysenko, who serves at Holy Trinity Orthodox Church, St Paul, and Christ the Savior Mission, Anoka. Deacon Nicholas is a graduate of St Vladimir's Seminary in New York with plans to continue graduate studies in liturgy.

For further information on the Ash Wednesday service, contact Fr. Bill Bulson

at (651) 735-3016. Directions to Holy Apostles from Minneapolis and most of St. Paul: Take I-94 east past downtown St. Paul to the McKnight Rd exit. Go North approximately four blocks on McKnight to Minnehaha Ave. Go West on Minnehaha about 1/4 mile. The church and parking lot are on the south side of the street.

March 9—Forgiveness Sunday

At *6:30 PM on the following Sunday, March 9*, Forgiveness Sunday Vespers will be served at Holy Trinity Orthodox Church, 956 Forest St., St. Paul; Episcopalians (and other Western Christians) are invited to attend. After the service, Fr. Jonathan

(Continued on page 11)

2003 SAINT JOHN CHRYSOSTOM ORATORICAL FESTIVAL

It is the time of year for the Greek Orthodox Diocese of Chicago Saint John Chrysostom Oratorical and Arts Festival. Saint George Greek Orthodox Church will hold our Festival on *Sunday, March 30th*, immediately following the Divine Liturgy. Participants of the Festival must be registered members of Sunday School, JOY, or GOYA. The Junior division is for students in grades 7 through 9 and the Senior division is for students in grades 10 through 12. However, I encourage any and all of our Sunday School students to participate.

Students may choose to write a speech, compose an essay or a poem, or draw an icon. I am **STRONGLY** encouraging all of our junior and senior high school students to participate in the Festival this year. It is an excellent opportunity to challenge your minds and learn more about our Orthodox Faith. Parents, I am also asking you to help encourage and involve your children to participate in this event. I, as well as Fr. Rick, are available and willing to help in any way. Please speak with me or your Sunday School teacher for a listing of this year's topics and criteria. For further information, you may contact Fr. Rick (651) 222-6220. The Sunday School staff is following the task list below to prepare the students. Topics are available upon request.

March 2	— Students continue working on topics
March 9	— Students finish working on topics
March 16	— No Class—Sunday of Orthodoxy
March 23	— Students practice for Oratorical (final touches)
March 30	— St. George Oratorical Festival

I look forward to a successful and fulfilling 2003 Oratorical Festival.

Good luck and God Bless!

Amalia Drilias

ACOLYTES RETREAT

St. Mary's Greek Orthodox Church

Friday, March 21

- 7:00 PM Salutations Service - Homilist: Fr Harry Pappas
- 7:45 PM Registration - look for registration table in exo-narthex
- 8:00 PM Sports activity - Leader: Michael Anderson
- 9:30 PM Movie & Snacks- Supervisors: Fr. Timothy Sas, Michael Anderson
- 11:30 PM Lights out - sleeping in the Terrace Room in sleeping bags.

Saturday, March 22

- 8:30 AM Cold breakfast
- 9:00 AM Morning Prayers
- 9:30 AM Session #1 - What does it mean to serve the altar? - Presenter: Reader Ron Tucci
- 10:15 AM Session #2 - Know the Altar and the Vestments. - Presenter: Fr. Rick
- 11:00 AM Lenten Lunch
- 12:00 Fellowship Activity - Some type of age appropriate game, which will serve as a bonding activity.
- 1:00 AM Session #3 - Understanding the Liturgy - Presenter: Fr. Bob
- 2:00 AM Liturgical Practice - Actual movements around altar and church to simulate the movements during the Liturgy.
Measurements and fittings for new acolyte vestments.
- 3:00 AM Closing prayer - Certificates given out.

Please note:

- Attendees:** Boys ages 10 - 17 from MEOCA Parishes, parental permission required, clergy encouraged to attend all or part of the retreat.
- Cost:** Free, sponsored by St. Mary's GOC.
- Certificates:** All who participate for the entire program will receive a certificate of participation.
- Worship:** The boys will be actively involved in singing and reading during the services.



"Nadia holds you spellbound in her magical world!"
New York Times

A benefit concert of International and American modern music featuring International recording artist, Nadia, with the Soloists of the Athens Symphony Orchestra Sunday, March 23, 6:30 p.m.

Woman's Club Theatre
410 Oak Grove St. Minneapolis, MN

Tickets: \$38 and \$48



"The mystical colorful melodies of the Byzantine music with all its glory and greatness left the Byzantine monasteries of Greece and... will be presented for the first time to the whole world."

CNN

(Beginning Lent in West and East—Continued from page 9)

Proctor, priest at Holy Trinity, will offer his reflections, and Fr. Bill Bulson will provide an Episcopalian perspective.

For more information on the Forgiveness Sunday Vespers, contact Fr. Jonathan Proctor at (651) 644-4383 or joproctor@pobox.com. Directions to Holy Trinity: Take I-94 to I-35E North. From I-35E, exit at Maryland Ave. Go East on Maryland one mile to the stoplight at Forest St. Turn right at Forest and go one quarter mile to the church, which is located on the left, on the SE corner of Forest and Case.

Links

Background on Ash Wednesday:

http://www.bbc.co.uk/religion/religions/christianity/holydays/christ_holydaysaw.shtml

Introduction to Forgiveness Sunday Vespers by Fr Alexander Schmemmann:

<http://www.schmemmann.org/byhim/forgivenesssunday.html>

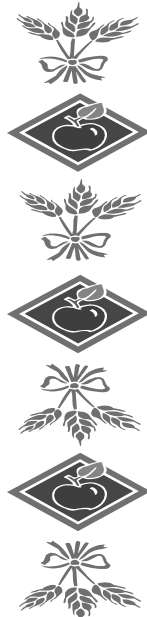
Church Fathers Speak

The heart is a small vessel, but all things are contained in it; God is there, the angels are there, and there also is life and the kingdom, the heavenly cities and the treasures of grace.

—St. Makarios



Pictured here with Father Rick, Presvytera Jane, and Teddy Andrews is Sister Elaine Makres of Holy Dormition Romanian Orthodox Monastery in Rives Junction, Michigan. Sister Elaine is the former youth director of St. Mary's in Minneapolis and visited St. George on Sunday, February 2, 2003.



Members of JOY and their parents are pictured here enjoying an outing to Aamodt's Apple Orchard in Stillwater, MN last October, 2002.

PARISHIONERS NAMEDAYS, BIRTHDAYS, AND ANNIVERSARIES

If your name isn't listed in any of these categories, but should be, please call the church office so it can be added.

Namedays

Many Years! WqÁmia Pokk, !

Marios Ehrenberg	March 13
Alexis Lake	March 17
Evangelia Assimacopoulos, Engeline Dades, Evan Drivas, Evangeline Halatsis, Angie Hatzis, Evaggelos Sidiropoulos	March 25

Birthdays

Sigrid Anagnos, Robert Solesky	March 1
Theologia Pitsavas, Teri Solesky	March 2
Morris Anderson	March 3
Despie Georgantones, Sofia Pitsavas	March 4
Dimitra Kaniamos, Louise Theros	March 6
Julie Delton, Alexandria Gounaikis, Alexander Simon, Jay Staneslow, Haralambos Taratsas	March 9
Michael Trudeau	March 10
Corinna Doris, Vassilios Morellas, Efthalia Petanitis	March 12
Maya Alexakis, Andreas Doris, Sue Gnetz, James Lake	March 13
Rosanna Baffa	March 14
Angie Cender, Joseph Creamer, Linda Mann	March 15
Michelle Kritikos Berge, Mariah Valek	March 16
Isac Valek	March 19
Joanne Halatsis	March 20
Nick Leaskas, William Spell	March 21
Joan Kantos	March 22
Cindy Mann	March 24
Cathy Anastasion, Samar Geankoplis	March 25
Mary Kalogerson, William Theros	March 26
Ted Kouzas, Suzanne Staneslow	March 27
Dimitri Gounaikis, Kumar Kannankutty, Athena Kleanthi Pitsavas, Luke Rylander	March 29
Stella Pagonis, James Pathos	March 31

Anniversaries

Stephen and Katherine Ryan	March 11
Thomas and Dawn Lampros	March 12

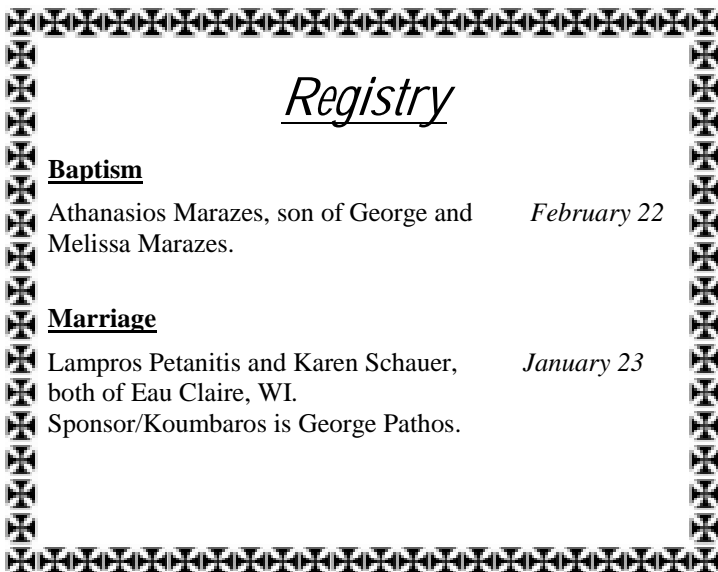
Registry

Baptism

Athanasios Marazes, son of George and Melissa Marazes. February 22

Marriage

Lampros Petanitis and Karen Schauer, both of Eau Claire, WI. January 23
Sponsor/Koumbaros is George Pathos.



**Visit the
Greek Orthodox
Archdiocese of
America on the
World Wide Web**



at: <http://www.goarch.org/>

and St. George Greek Orthodox Church

at: <http://www.saintgeorge.mn.goarch.org/>



Athanasios Marazes was baptized on February 22nd. Pictured here with parents George and Melissa, godparents Kim and Dimitri Gounaikis and the rest of their families.

**Remember
Your Church**

Please remember St. George Greek Orthodox Church during your estate planning and writing of wills. The Church should definitely be on your list and should be a priority when leaving your legacy behind on earth. For more information, call the church office. Seek guidance from the priest and always consult your attorney in legal matters.



ST. GEORGE BOOK STORE

If you are going to buy a spiritual or religious book for your child, friend, relative, or yourself, check out the selection in the St. George Book Store. Also available are icons, icon magnets, videos, CDs, incense, charcoal, censers, and Holy Water bottles. Items from the Light and Life catalog can be ordered and usually will arrive the following Sunday. Other non-Orthodox specific books ordered from other sources (such as Barnes and Noble), usually arrive in two to three weeks. *Everyone is urged to use the St. George Book Store.* The inventory improves and increases in size as more people come in and shop. Gift Certificates are also available.



AHEPAN NEWS

The AHEPA District #14 Convention will be held June 13, 14, and 15, 2003 and is being hosted by Pericles Chapter 270. Look for more information here as the time approaches. For now, additional information can be gathered by contacting Convention Co-Chairs David Trudeau (763-712-0992) or Ted Toso (952-882-8115).



The mayor of Athens, Greece, the Honorable Dimitrios Avromopoulos, and the Demosthenes Chapter of AHEPA are pleased to announce that a benefit concert will be performed in the Twin Cities by the Soloists of the Athens Symphony Orchestra on *Sunday, March 23, 2003.* (See the ad on page 11.)

BOOKS, PAMPHLETS, OR ARTICLES THAT HAD AN IMPACT ON ME

[This feature is open to any parishioner's thoughtful remarks about books, pamphlets, or articles available in the St. George Bookstore.]

MODERN ORTHODOX SAINTS SAINTS RAPHAEL, NICHOLAS AND IRENE OF LESVOS BY CONSTANTINE CAVARNOS

Between 1958 and 1961 on the Greek island of Lesvos, in the Karyes location, the ruins of a monastery were discovered through excavations; the graves of people were dug up; many local people got healed supernaturally; the complete history of the monastery and the people involved was revealed and fully checked through independent examination of various details provided; various supernatural phenomena were observed by the locals around the area where the monastery was discovered. The monastery had to be unearthed, as it was totally buried.

Who revealed its existence and its history? Three main persons, who died in 1463. Nobody knew anything about them. Without their revelations, they would have remained totally unknown. It was their souls that appeared in dreams and visions to 15 local people, piecemeal divulging information that shed light to the mystery, in the process making themselves known, their history, the monastery as it was in 1463, how they died, and how the monastery was destroyed. By visions I mean they appeared alive to people, talked to them, and like a flash they disappeared.

The Christian Orthodox Church of Greece recognized the authenticity of their existence and the manifestations as being from God and due to the numerous healing miracles that occurred after 1958, they were canonized and declared saints of the church in 1962. They are St. Raphael, St. Nicholas, and St. Irene of Lesvos who were martyred in 1463 at the hands of Muslim Turks, suffering a horrible death for their faith and refusal to collaborate and divulge the whereabouts of local Greek guerillas.

They were portrayed in the official icon of the church, exactly as they appeared in the dreams and visions especially to the two iconographers in whose dreams they appeared and stated they wanted themselves depicted exactly as they appeared. One of those icons became the official icon of the church portraying the three Saints.



God's Billboard

Loved the Wedding, Invite Me to the Marriage.

—God

GREEK REVOLUTION 1821 - 1829

In 1821, the Greeks, after nearly 400 years of slavery under the Ottomans, decided to take up the arms and fight for their freedom. March 25, 1821 marks the beginning of the Greek revolution and March 22, 1829 the day of the creation of the modern Greek state. It is no surprise that the people of Greece chose the Feastday of the Annunciation to the Theotokos as the day to start their fight for freedom. They have relied on the intercessory power of the Mother of God for hundreds of years. Here are some of the key figures of that revolt:



Theodoros Kolokotronis (1770 - 1834) came from an unwholesome household and escaped to Zakynthos where he served in the English Army. He returned to Peloponnesos on the eve of the revolution and due to his military experience and knowledge he soon became the leading figure in organizing the Greek fighters. He led the siege of Tripolis and its surrender marked the first success of the Greek

revolution. The following year (1822), with his courage, determination, patience, and military acumen, he defeated the army of Dramalis. He was imprisoned by his political opponents but was freed when Ibrahim invaded Greece, against whom Kolokotronis applied guerrilla tactics and was able to inflict major blows to his army. Kolokotronis is considered as the most important figure of the Greek revolution.

Georgios Karaiskakis (1782 - 1827) was one of the first to take part in the Greek revolution and his military genius became apparent during the last years of the struggle. He was appointed by the first Greek government as chief marshal of Eastern Greece and made Elefsina as his headquarters. Following a clash with the Turks at Haidari, he was planning to cut off Kioutachis supplies, during the siege of Acropolis. His initial failures followed two famous victories at Arachova and Distomo. He was killed in a clash with the Turks at Faliro. Karaiskakis is considered the second most important military figure of the revolution, after Kolokotronis.



Constantinos Kanaris (1793 - 1877) came from the island of Psara. He blew up the Turkish armada at Chios and at Tenedos and other Turkish ships at Mytilene and Samos (1824). He attempted to burn the Turkish ships at the port of Alexandria in order to destroy Mehmet Ali's preparations against Greece and failed only due to the fact that at the time the wind was blowing from the opposite direction. He became one of the important naval figures of the revolution. With the liberation of Greece he became involved with politics opposing king Othon.



General Makriyannis was born at Lidoriki, in Eastern Greece. In June 1825, Ibrahim Pasha attacked the mills of Argos with a force of 4,000 foot-soldiers and 600 cavalrymen from his regular army. Makriyannis, together with Ypsilantis, Mavromichalis and 300 men, defended the position, which commands the approaches to Naples of Romania. They had already repulsed four fierce attacks by Ibrahim when, towards evening, they were reinforced by a detachment of the first regular Greek regiment. Its arrival decided the outcome of the battle and the Turko-Egyptian forces retreated in great disarray, with heavy casualties. The gallant Makriyannis, who was gravely wounded in the fighting, was invited aboard the French Admiral de Rigny's frigate, where he was received by the admiral.



Manto Mavrogenous is amongst the heroines of the Greek revolution. She was educated at a college in Triestio and spoke Italian and Turkish. She studied ancient Greek philosophy and history. In 1809 her family returned to Mykonos, the island of their origin. She learned from her father that Philiki Etairia was preparing the Greek revolution. When the news arrived that the struggle for freedom began, Manto



invited the leaders of Mykonos to a meeting and persuaded them to join the revolution.



Laskarina Boumboulina was yet another heroic woman of the Greek uprising for freedom. Boumboulina came from a rich family from the island of Spetse. This "Archontissa" (Lady) of Spetse used her wealth to build a navy and became one of the most famous leading figures in the Greek War of Independence. After the success of the revolution in Peloponnesos and Sterea Ellada, the uprising spread in the islands. Spetse was the first of the islands to join the revolution and this was mainly due to Boumboulina's leadership and courage. Many other islands followed the example of Spetse and therefore the freeing of the Island of Spetse was one of the initial major steps towards victory for the Greeks.



Andreas Miaoulis (1769 - 1835) was born in the Hydra. At the age of 17 he became captain of a commercial ship. During the Napoleonic wars he managed to accumulate considerable wealth. From the second year of the revolution he was appointed admiral of the Greek fleet. He defeated the Turkish navy near Patra and the Turko-Egyptian navy near Geronda, and on many occasions he was able to provide supplies for Greek cities besieged by the Turks.



Nikitaras was born at Leontari, in Arcadia, he was the son of a poor peasant farmer. He was a nephew of Kolokotronis and he, too, served in the army of the Ionian Islands. In 1821 he became head of a band of pallikars. He fought Kiaya Bey at Kaki Scala and in March and April 1822, at Aya Marina, Nikitas fought successfully under the leadership of Odysseus against Dramali, who was threatening Thermopylae. After Dramali's invasion of the Morea, Nikitas took up a position commanding the narrow passes on his route back to Corinth. There the Greeks inflicted a terrible defeat on the enemy, killing 3,000 Turks. The result of this battle won for him the nickname of Tourkophagos. At the siege of Mesolongi, Nikitas gave further proof of his pure and selfless patriotism. The sailors bringing reinforcements to the besieged town demeaned payment in advance. But there was no money. Then Nikitas flung down his sword, a priceless weapon which he had won from a high-ranking Turk, and cried out, "All I have is this sword. I offer it to my country!" His fine example had an immediate effect. All present stepped forward eagerly to donate whatever they could afford.



Papaflesas or Gregorios Dikaos (1788 - 1825) was born at Messinia in 1788. In his teens he became a monk. The Turks, knowing his revolutionary character forced him to leave Greece. At Constantinople, he became one of the key members of "Filiki Etairia." Under Ypsilantis orders he returned to Peloponnesos and started preaching the ideal of freedom, preparing the people for the revolution. He was a key figure

of the Greek Revolution. In 1825, Ibrahim landed with thousands of the Turkish army in Peloponnesos. Papaflesas leading 2000 men marched against him. During the battle which took place at a place called Maniaki, on May 20, 1825, Ibrahim with 6000 Turks attacked and killed 600 Greeks and their leader Papaflesas, who fought bravely to the bitter end.

Sun Mon Tue Wed Thu Fri Sat

March 2003

1
Eau Claire
Pre-Lenten
Retreat at
St. Mary's GOC

5:00PM
VESPERS
6:00PM Greek
School Apokries

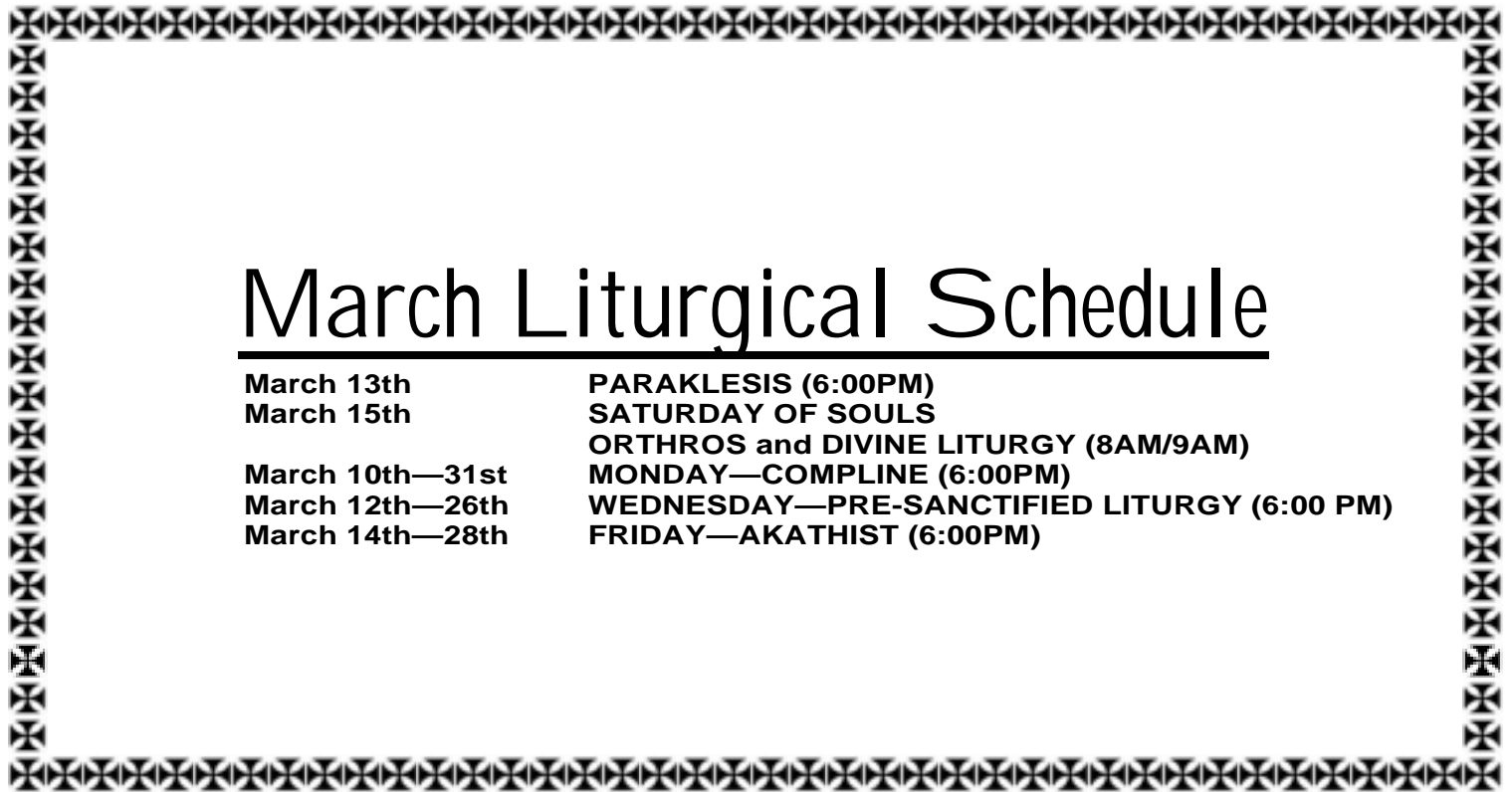
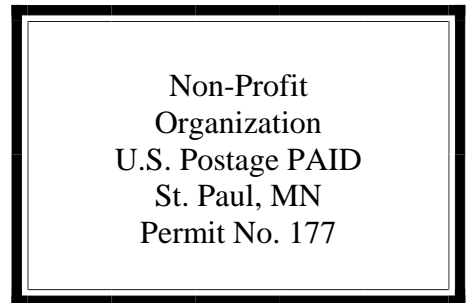
2 MEATFARE 8:15AM ORTHROS 9:45AM DIVINE LITURGY	3	4	5	6	7	8																																										
		Diocese Clergy Retreat			GOYA WinterCamp																																											
Fast from Meat—Cheese and Dairy Permitted																																																
6:15PM Greek School 7:00PM Catechism		6:30PM Philoptochos		6:00PM OCF (U. of M.) 7:30PM Radio Ministry Meeting		5:00PM VESPERS																																										
9 CHEESEFARE 8:15AM ORTHROS 9:45AM DIVINE LITURGY Cheesefare Luncheon 6:00PM FOREGIVENESS VESPERS	10 CLEAN/PURE MONDAY GREAT AND HOLY LENT BEGINS 9:00AM ORTHROS 6:00PM COMPLINE 6:15PM Greek School 7:00 PM Youth Ministry	11	12	13	14	15 SATURDAY OF SOULS 8:00AM ORTHROS 9:00AM DIVINE LITURGY																																										
STRICT FAST OF GREAT LENT																																																
6:15PM Greek School 7:00 PM Youth Ministry		6:00PM PRESANCTI- FIED LITURGY 7:00 PM Mystery of Death		6:00PM OCF (U. of M.) 6:00PM PARAKLESIS 7:00PM Parish Council Meeting		6:00PM AKATHIST (1) Lenten Lecture Topic: Ordination 5:00PM VESPERS																																										
16 SUNDAY OF ORTHODOXY 8:15AM ORTHROS 9:45AM DIVINE LITURGY Procession of Icons 4:00 PM VESPERS At St. Mary's OCA	17	18	19	20 12:00PM OCF (St. Thomas)	21	22																																										
STRICT FAST OF GREAT LENT																																																
6:00PM COMPLINE 6:15PM Greek School 7:00PM Catechism		6:00PM PRESANCTI- FIED LITURGY Family Night 7:00 PM Mystery of Death		6:00PM OCF (U. of M.) 7:00 PM AHEPA and Daughters		6:00PM AKATHIST (2) Lenten Lecture Topic: Baptism and Chrismation 5:00PM VESPERS																																										
23 ST. GREGORY PALAMAS 8:15AM ORTHROS 9:45AM DIVINE LITURGY	24	25 ANNUNCIATION AND GREEK INDEPENDENCE 9:00AM DAY DIVINE LITURGY	26	27	28	29 Eau Claire																																										
STRICT FAST OF GREAT LENT																																																
6:00PM COMPLINE 6:15PM Greek School 7:00PM Grief Support Group		7:00PM Stewardship Committee Meeting Fish Allowed		6:00PM PRESANCTI- FIED LITURGY 7:00 PM Mystery of Death		6:00PM AKATHIST (3) Lenten Lecture Topic: Icons 5:00PM VESPERS																																										
30 VENERATION OF CROSS 8:15AM ORTHROS 9:45AM DIVINE LITURGY Procession of Cross Oratorical Festival 4:00 PM VESPERS At Holy Cross in St. Croix Falls, WI	31 STRICT FAST 6:00PM COMPLINE 6:15PM Greek School 7:00PM Catechism	April 2003 <table border="1"> <thead> <tr> <th>Sun</th> <th>Mon</th> <th>Tue</th> <th>We</th> <th>Thu</th> <th>Fri</th> <th>Sat</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>			Sun	Mon	Tue	We	Thu	Fri	Sat			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30				Coming up in April... April 15—17 Pie Sale April 19 Saturday of Lazaros, Church cleaning, and Palm decorating April 20—26 Holy Week April 25 Holy Friday—Youth Retreat April 27 Great and Holy Pascha April 29 Feastday of St. George Observed (Parish Feastday)	
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St. George Greek Orthodox Church
1111 Summit Avenue
St. Paul, Minnesota 55105
Telephone (651) 222-6220/FAX (651) 225-9276

WEBSITE: <http://www.saintgeorge.mn.goarch.org>

Address Service Requested

TIME VALUE MAIL—POSTMASTER: PLEASE DELIVER AS SOON AS POSSIBLE

A decorative border made of a repeating geometric pattern of small crosses or crosses with dots, forming a rectangular frame around the central text.

March Liturgical Schedule

March 13th	PARAKLESIS (6:00PM)
March 15th	SATURDAY OF SOULS
March 10th—31st	ORTHROS and DIVINE LITURGY (8AM/9AM)
March 12th—26th	MONDAY—COMPLINE (6:00PM)
March 14th—28th	WEDNESDAY—PRE-SANCTIFIED LITURGY (6:00 PM)
	FRIDAY—AKATHIST (6:00PM)