



Our Mission

St. George Greek Orthodox Church is a *Christ-centered Community* that: inspires faith and worship, cultivates spiritual growth and fellowship, and encourages benevolence and outreach.

Our Vision

Ascending together to the fullness of Life.



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## A Word from Father Perry

Early in my ministry in Buffalo, NY, I was invited to a public elementary school to speak about *Greek Orthodoxy*. I was looking forward to sharing our Christian Faith. If my memory serves, it was a group of fourth-graders. They had gathered many of the classes in a large foyer area. All the young students were respectful as they sat and listened attentively to my presentation. I finished sharing about our Lord Jesus Christ, the basics of the Gospel, church history, and details about the church that I was serving at the time – the Annunciation. It was time for questions. A respectful young boy raised his hand and patiently waited for me to call on him. He asked, "*when are you going to tell us about Zeus and Hercules?*" I internally chuckled as I put two and two together. Whoever had invited me to speak was expecting a very different presentation than the one I gave.

They say that our Orthodox Christian Faith is one of the best-kept secrets in this country. There is no doubt; it can be complicated and complex to connect with the Church. It is not so much that we are trying to hide our faith as much as the jargon and erroneously associated concepts confuse people. Beyond that, the depth of our faith can be intimidating. If one isn't familiar with Orthodoxy, it can be like standing in front of the ocean, needing to get from one side to the other with a kayak.

Of the more minor, but probably more common, stumbling blocks out there are the many adjectives associated with our Church. As a priest once said, "*who goes to the Korean Bible Church?*" By extension, who goes to the Greek, Serbian, Russian, etc. church? Yet, our Orthodox Faith is no more reserved only for Greeks, Russians, Serbians, Albanians, etc., than the Greek yogurt for sale at your local grocer's freezer. Americans love Greek yogurt. And for the record, I'm sure more than just Koreans are welcome at the Korean Bible Church, but you get the point. Another fun fact, did you know that we have churches in Korea under the spiritual care of Metropolitan Ambrosios of Korea?

As it relates to the name of our Church, the word Greek speaks to the Hellenic civilization that the Church was born into and permeated through. Greek is the original language of the New Testament. Like English is today, the language of the Mediterranean in those days was predominantly Greek. I joke with people that you can go to modern Greece and not know a single Greek word and get by just fine. Having a dominant cross-cultural language is what it was like back then, swap English for Greek. As one put it, "Latin and Koine Greek were the lingua francas [common languages that multiple cultures could converse in] of the Roman Empire and the Hellenistic culture." In other words, especially as it related to the Church, the Greek language (and the Roman passport) opened the doors for the preaching of the Gospel to the known world.

At St. George, Greek also identifies the ethnicity of our founders. The many courageous men and women who traveled over 5,000 miles from the old country to the new land to make a better life for themselves and their families. You could not separate the Orthodox Faith from the heart of the early Greek immigrant. They were, and many of their descendants continue to be, Orthodox. What a beautiful thing! If their faith defined them as people, how could they not bring it with them to their new homes?

Yet, as it has been since the time of Pentecost, the Church is for all people. Our calling as Orthodox, regardless of the additional ethnic adjectives associated with our local churches, has always been the same. "*Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, even to the end of the age. Amen*" Matthew 28:19-20.

Even the word Orthodoxy can be confusing to people. In the US, more people are probably familiar with Orthodox Judaism than with Orthodox Christianity. As we know, Orthodox means "right glory" or "right worship." When we use the term Orthodox, we mean that this is the Apostolic Church that has continued in an unbroken line from our Lord Jesus Christ until today.

*continued on next page*

In addition to jargon, there are some customs floating around that are not even about our faith. One example that can be particularly confusing is the so-called "evil-eye" or "mati" pendant/amulet. I have seen the evil-eye charm for sale in Athens, Greece, and in Istanbul, Turkey – two vastly different cultures. Yet, it didn't originate in either.

The mati (evil-eye) pendant/amulet is not a Christian item at all. Again, it isn't even culturally Greek in origin. The concept of the mati comes from Paganism. It most likely entered what we consider traditional Orthodox lands through Persia first and eventually Turkey. Over time, the wearing of the mati charm, and the associated practices, embedded themselves into local cultural practice. (This isn't to say that we are not dealing with unseen evil in life, nor that evil cannot affect us. That is another discussion for another day.)

Our church fathers teach in multiple instances concerning the errant association of the use of amulets (charms) and the corresponding practices and "teachings" of the evil-eye, with Christianity. See just a couple of quotes below.

**-From the Orations of St. Gregory Nazianzus (Oration 40)**

*"You have no need of amulets or incantations, with which the Devil also comes in, stealing worship from God for himself in the minds of vainer men. Give your child the Trinity, that great and noble Guard."*

**-St. John Chrysostom, Homilies on Colossians (Homily 8)**

*"For these amulets, though they who make money by them are forever rationalizing about them, and saying, we call upon God, and do nothing extraordinary, and the like; and the old woman is a Christian, says he, and one of the faithful; the thing [the amulet] is idolatry. Are you one of the faithful? Sign the Cross; say, this [the Cross] I have for my only weapon; this for my remedy; and other I know none. Tell me, if a physician should come to one, and, neglecting the remedies belonging to his art, should use incantation, should we call that man a physician? By no means: for we see not the medicines of the healing art; so neither, in this case, do we see those of Christianity."*

**-St. John Chrysostom, Homilies on First Corinthians (Homily 12)**

*"What shall we say about the amulets and the bells which are hung upon the hand, and the scarlet woof, and the other things full of such extreme folly; when they ought to invest the child with nothing else save the protection of the Cross. But now that [the Cross] is despised which has converted the whole world and given the sore wound to the devil and overthrown all his power: while the thread, and the woof, and the other amulets of that kind are entrusted with the child's safety."*

**-St. John Chrysostom, Homilies on First Timothy (Homily 13)**  
*"Therefore Paul mentions both: Command and teach. When a man uses amulets, or does anything of that kind, knowing it to be wrong, he requires only a command; but he who does it ignorantly, is to be taught his error."*

In short, these holy fathers teach us to adorn ourselves with nothing but the Holy Cross of Christ. Anything else, be it a pendant or an incantation, foreign to the church, should be put away. I especially appreciate the last quote. To put it in my own words, if, up until this point, one didn't know that the evil-eye/mati pendant was not Christian and shouldn't be worn, given, or sold - no harm, no foul. Now we know. There is more to this topic (see other discussions from St. John Chrysostom and St. Basil), especially concerning the erroneous associated "theology" and practices concerning envy and of the "evil-eye."

*continued on page 5*

## Intro to Orthodox Christianity

CATECHISM CLASS

FALL 2021	Tuesdays 7:00-9:00PM
DATE	TOPIC
September 14	Introduction
September 21	God- Holy Trinity
September 28	Mankind- Creation, the Fall, Messiah
October 5	Christ I- Incarnation, Theotokos & Saints
October 12	Christ II- His Work & Teachings
October 19	Church I- Birth, Mission, Structure
October 26	Church II- Councils, Creeds, Bible, Tradition
November 2	Sacraments I- Baptism, Chrismation, Confession
November 9	Sacraments II- Eucharist, Unction
November 16	Sacraments III- Marriage, Ordination, Monasticism
November 23	Missions- Making Disciples of All Nations
November 30	The Goal- Second Coming & Living the Christian Life

Registration Cost: FREE    Register online at: [www.meocca.org](http://www.meocca.org) or <https://forms.gle/zVV9mLbp7BjkUbgL9>

Location: In-person at St. George Greek Orthodox Church, 1111 Summit Avenue, Saint Paul, MN 55105, or via Zoom.

The Intro to Orthodox Christianity class seeks to introduce and enhance people's knowledge of the Orthodox Christian Faith.

All are welcome!

Minnesota Eastern Orthodox  
Christian Clergy Association  
[www.meocca.org](http://www.meocca.org)

Rev. Perry Kallis, MEOCCA Catechism Coordinator  
c/o St. George Greek Orthodox Church  
1111 Summit Avenue, Saint Paul, MN 55105  
Phone: 651-222-6220 Email: [info@stgeorgegoc.org](mailto:info@stgeorgegoc.org)

## Registry

### 40-Day Blessing

June 20 Antigoni Mylonopoulos and baby George

### Baptisms

June 19 Serafim Nassios (godparent is Mia Israel)

### Chrismations

May 23 Grier Belter (godparents are Dan & Jackie Matuska)

### Memorials

May 16 Dimitrios Morellas (brother of Vassilios Morellas & brother-in-law of Venetia Laganis), 40 days  
 June 20 Nausica (Nancy) Lambros, 1 year  
 Vasilios Skiadas , 1 year

## Sunday Scripture Readings

For a complete listing of daily readings go to <https://www.goarch.org/chapel/calendar>

Sunday, July 4	Romans 2:10-16   Matthew 4:18-23
Sunday, July 11	2Corinthians 6:1-10   Matthew 6:22-33
Sunday, July 18	Titus 3:8-15   Matthew 5:14-19
Sunday, July 25	Galatians 4:22-27   Matthew 8:28-34; 9:1
Sunday, August 1	Romans 12:6-14   Matthew 9:1-8
Sunday, August 8	Romans 15:1-7   Matthew 9:27-35
Sunday, August 15	Philippians 2:5-11   Luke 10:38-42, 11:27-28
Sunday, August 22	1Corinthians 3:9-17   Matthew 14:22-34
Sunday, August 29	Acts of the Apostles 13:25-33   Mark 6:14-30

## STREAMING SERVICES

Click one of the links below to stream upcoming services:

### YouTube Channel

<https://www.youtube.com/c/stgeorgestpaul>

### Facebook Page

<https://www.facebook.com/stgeorgestpaul/>

### Digital Service Books

Follow along with the prayers of the services at <http://www.agesinitiatives.com/dcs/public/dcs/dcs.html>

Daily prayers are available at <https://www.goarch.org/chapel/prayers>

### Light a Candle... Say a Prayer

Submit a prayer request or light a candle for an upcoming service at <https://stgeorgestpaul.square.site>.

## Church Staff and Office Hours

**Church Office Hours**  
**Tues-Fri 9:00am—2:00pm**  
**(Closed Mondays)**

**Fr. Perry Kallis, Pastor**  
 (651) 706-9672 cell  
 Email: [frperry@stgeorgegoc.org](mailto:frperry@stgeorgegoc.org)

**Julie Delton**  
 Administrative Assistant  
 (651) 222-6220  
 Email: [office@stgeorgegoc.org](mailto:office@stgeorgegoc.org)

**Dean Natto**  
 Parish Council President  
 (612) 501-8647  
 Email: [dean@stgeorgegoc.org](mailto:dean@stgeorgegoc.org)

**Fr. Perry Kallis**  
 Interim Sunday School Director  
 (651) 706-9672 cell  
 Email: [frperry@stgeorgegoc.org](mailto:frperry@stgeorgegoc.org)

**Vicky Paraschou**  
 Philoptochos President  
 (763) 785-8882  
 Email: [vicky.paraschou@yahoo.com](mailto:vicky.paraschou@yahoo.com)

**Julie Delton**  
 Editor, Glad Tidings newsletter  
 Email: [GladTidings@stgeorgegoc.org](mailto:GladTidings@stgeorgegoc.org)

**George Mastrogiorgis**  
 Missions & Benevolence Coordinator  
 Email: [gastrogiorgis@yahoo.com](mailto:gastrogiorgis@yahoo.com)

**Stephen & Minda Arsenault**  
 Bookstore  
 Email: [bookstore@stgeorgegoc.org](mailto:bookstore@stgeorgegoc.org)

**Stella Hofrenning**  
 Greek School Director  
 (651) 917-2668  
 Email: [hofrenni@augsborg.edu](mailto:hofrenni@augsborg.edu)

*Submissions for upcoming issues are due by the 10th of the preceding month.*



### St. George Antiochian Middle Eastern Festival Bake Sale

This year's annual Saint George Middle Eastern Festival is scheduled as a one-day DRIVE THROUGH BAKE SALE JULY 17, 2021 at 1250 Oakdale Avenue; West St. Paul, MN 55118. You may shop and pay online now at [www.mideastfest.com/shop](http://www.mideastfest.com/shop) We hope to resume the Festival in 2022. Please see flyer in Inserts section or refer to [www.MidEastFest.com](http://www.MidEastFest.com) for updates.

### Intro to Orthodox Christianity Course

Our MEOCCA sponsored, 12-week, Fall 2021 cooperative catechism course, Intro to Orthodox Christianity will begin on Tuesday, September 14, from 7-9 pm. The class is open to all; people interested in learning more about Orthodox Christianity, inquirers, catechumens, and current Orthodox Christians as well! The course is an excellent opportunity to deepen the knowledge of the Orthodox Christian Faith. Classes will be held on Tuesday evenings in person and via Zoom. Register online at <https://forms.gle/zVV9mLbp7BJkUbqL9>. Feel free to join for an individual session as well!

### Message from the Stewardship Chair

Dear Fellow Parishioner,  
Thank you so much for your generosity to St George Church.  
We have been blessed these first 5 months of the year with total Stewardship income of \$ 109,267, which is very close to the income of \$ 113,835 in 2020.

Currently there are 95 pledging families compared to 83 last year.

Thank you again for your generosity.

Yours in Christ,  
*Alexis Bighley*

### 2021 Stewardship Goal!

\$109,267 of \$250,000 (through May) from 95 Pledgers.

### Missions and Benevolence Next-Up dates

Next Loaves & Fishes meal, Monday August 2nd, and next FOCUS meal, Sunday, September 5th.

### Mental Health Survey

The Orthodox Christian Association of Medicine, Psychology & Religion (OCAMPR) has partnered with the Assembly of Bishops on a pioneering Mental Health Task Force, which has produced a survey to assess the mental health needs of our communities. The survey is not a self-assessment but rather seeks to gather the faithful's perceptions on the topic. Please take a moment to complete the survey at: <https://www.assemblyofbishops.org/ministries/mental-health-task-force/mental-health-needs-assessment-survey>. Thank you!

### Address Changes

Please inform the office of any address

(home or email) or phone changes so that we can keep our records up to date, thank you!

### Volunteer for the Greek Festival

Click here to sign up for our Greek Fest volunteer email

list. <https://lp.constantcontactpages.com/su/7bkxkoq/GreekFestVolunteers>

### Dance Practice Resumes

Time to dust off the dancing shoes! The Greek Dancers of Minnesota have resumed weekly practices on Sundays from 7-8 pm at St. George GOC in the hall. New this year: a youth division will be coached by Marisa Mortari. New members welcome! For more info, please contact Marisa or Angela Mortari at 651-730-1652.



Blessing Visit with Ann and Jim Pathos (Eau Claire, WI)



Minneapolis OCMC Missions 5K

# Χρόνια Πολλά!

# Many Years!

## JULY NAMEDAYS

**July 7:** Kyriaki Tirokomos; **July 12:** Joshua Kallis, John McCullough; **July 14:** Nikodimi Dokos; **July 17:** Marina Antoniou; **July 19:** Lerah McCullough, Minda Pearson Arsenault; **July 20:** Leonardo Crowther, Louis Ellis, Elias Hofrenning, Louis Trigas, Luis Wakely; **July 22:** Markella Constantine; **July 25:** Pres. Anna Angelis, Rosanna Baffa, Dinah Lampros, Kimberly Gounaikis, Olympia Haidos, Anna Mantoles, Anna Maria Simon, Anna Rebecca Simon, Ann Speredon, Anna Pitsavas Wakely; **July 26:** Parker Paraschou, Parry Paraschou, Becka Dokos, Evie Dokos, Wendy Loudas, Evie Jordan, Paraskevas Tsobanakis; **July 27:** Paul Loudas.

## AUGUST NAMEDAYS

**August 6:** Sotirios Parashos; **August 8:** Jessica Berge, Milam Parashou, Emily Boosalis; **August 14:** Fr. Micah Hirschy; **August 15:** Melina Chadwick, Miriam Jordan, Panos Delton, Panayoitis Kontinakis, Panayotis Negron, Panagiotis Connolly-Christoforides, Maria Natto, Maria McKinney, Blien Kibrom, Maria Andrews, Taylor Canas, Fiona Eustathiades, Emily Hattling, Maria Hatzis, Maria Kontinakis, Margery Makredes, Marisa Mortari, Mariano Negron, Maria Paraschou, Maria Taratsas, Jackie Matuska, Mary Ellen Arvanitis, Mary Dimitropoulos, Mary Ellis, Mary Georgantones, Mary Makredes, Peter Boosalis, Peter Tountas, Peter Drivas, Aristeia Kontinakis, Takis Taratsas; **August 16:** Alkiviadis Morellas, Stella Lake, Stella Hofrenning, Stamatios Morellas, Stamatios Pothos, Samantha Crowther; **August 20:** Samuel Syvertsen, Sam Kantos, Samuel Brandt, Lucius McCullough; **August 26:** Natalie Donnelly; **August 30:** Alexandros Balasis, Alexander Drikakis, Alek Eidsvold, Alex Chadwick, Alexandria Gounaikis, Alexandros McMahan, Liam Rizzo, Alexandra Selliris, Alexander Tsobanakis.

\*If you do not see your name listed, or if it listed incorrectly, please contact Julie in the office.

### **"A Word from Father Perry" continued from page 2**

I don't think the average visitor to an Orthodox Church has gone that deep into this topic. Yet, given the sporadic use of these items, I do believe that some mistakenly associate these eye pendants with our Orthodox Christian Faith. The mati has the potential to be another one of those misconceptions that cloud our faith from the everyday person. No more do we worship Zeus than should we use the evil-eye pendant as a spiritual tool. Consider our baptisms. The priest only blesses one item to be worn by the newly baptized. Speaking of visitors to our church...

It's Greek Fest time. August 21 is going to be a lot of work but also fun. The Greek Fest is a great fundraiser for our church and a nice opportunity to spend time together. We will enjoy some delicious food, music, and dancing. When pondering when they should visit us from out of state, I literally have family who always tries to come during the Greek Fest. Again, there is no doubt that the Greek Fest is fun. Yet, as Metropolitan Nicholas of Detroit once said, "*as a church we have more to offer our city, state, and nation, than gyros and baklava.*" The greatest gift for the world is found within the walls of every local Orthodox church.

These are just a couple of things that we should be mindful of during our annual festival as we welcome our neighbors to St. George. I hope that we all have a great time at the festival! Enjoy the food, music, and dancing. Thank you all in advance for volunteering and raising funds for our church, our ministries, and FOCUS Minnesota! Please remember our number one call to action at the festival. *Please invite our neighbors into the church for a church tour or to visit us on a Sunday so that they can experience our Orthodox Christian Faith.* On August 21, our call to action is simple, "*I hope you enjoyed your meal, don't forget to visit our church for a tour before you leave. Visit us on a Sunday as well.*" (This is part and parcel of our strategic plan items one and two, namely, "Outreach" and "Share the Orthodox Christian Faith with church members and non-members to expand Christ's message to the St. Paul community and beyond.")

Like those fourth-graders in Buffalo, our neighbors in St. Paul might have a misconception about what happens within our walls. The Greek Fest has the potential to be a good opportunity to clear up some misconceptions concerning who we are, welcome new people to our church, and live out our mission at St. George. The summer festival typically sees hundreds, if not thousands of people, pass through our campus. If the people who visit us learn only about the gyros and baklava, we have missed an opportunity as a church. Remember again this year to take the opportunity to invite people into our church for a church tour. (Take a tour yourself so that you might be able to provide an answer or two when people ask about our church.) Assure our visitors that they are welcome to be with us anytime for Divine Liturgy and the services throughout the year. As we open our doors to our neighbors on August 21, share the same invitation that our Lord Jesus gave to the disciples, "*come and see.*"



**Successful All-Teen crew serves 161 take-out meals at our June Loaves & Fishes meal!**

Thank you to the St. George Teenagers who prepared the take-out boxes with our St. George meal this June. Seven awesome teenagers (including 4 who served for their first time) worked quickly and diligently to keep up with the demand for the hot nutritious meal. Thank you to Father Perry for supervising and for the extra help from family members. A great way to kick off the summer in service!

**Congratulations Graduates!**

Congratulations to graduating high school seniors: Taylor Canas, Jose



Lisbeth Corbera



Danielle Pathos



Ekaterina Hofrenning



Corbera, Jonathan Paraschou, and Sam Syvertsen! Also to Noah Lindgren, new to our St. George family, who graduated from Armstrong High School. Noah will be attending St. Cloud State in the fall working toward a degree in accounting.



Sam Syvertsen



Taylor Canas



Jonathan Paraschou

Congrats also to college graduates: Lisbeth Corbera, Ekaterina Hofrenning, and Danielle Pathos.



Jose Corbera





# ST. GEORGE GREEK ORTHODOX CHURCH

1111 Summit Avenue, St. Paul, MN, 55105 · Tel: (651) 222-6220

Web: [www.stgeorgegoc.org](http://www.stgeorgegoc.org) · E-mail: [info@stgeorgegoc.org](mailto:info@stgeorgegoc.org)

## JOHN PITSAVAS MEMORIAL SCHOLARSHIP APPLICATION

NAME OF APPLICANT: \_\_\_\_\_

NAME OF PARENTS: \_\_\_\_\_

SCHOOL/GRADE, OR COLLEGE YOU ARE ATTENDING:

\_\_\_\_\_

CHURCH/COMMUNITY ACTIVITIES:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### 2021-22 ESSAY TOPIC

Some people say that “my life is mine to do as I please.”

Jesus says in Mark 8:34-36 the following: *“Whoever desires to come after me, let him deny himself, and take up his cross and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel’s will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul?”*

**Question:** What do these opposing statements mean to you as an Orthodox Christian?  
How do these statements apply to your life?

**HOW TO SUBMIT:** please submit application & essay electronically to [office@stgeorgegoc.org](mailto:office@stgeorgegoc.org) no later than **noon July 15, 2021** (See reverse for eligibility information)

**DATE OF SUBMISSION:** \_\_\_\_\_

Scholarships for the 2021-22 school year: \$1000 for 1st place (John Pitsavas Memorial Scholarship); \$400 for 2nd place (Missions & Benevolence Ministry Scholarship); \$200 for 3rd place (Missions & Benevolence Ministry Scholarship).

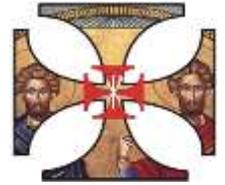
**Winners announced August 15, 2021.**

**Eligibility:** Youth (members) of St. George GOC. Students who have graduated 12th grade, or those attending a vocational school or an academic institution of higher education seeking to obtain a Bachelor’s degree or the equivalent.





*To aid the poor, the destitute, the hungry, the aged, the sick, the unemployed, the orphaned, the imprisoned, the widowed, the handicapped, the victims of disasters, to undertake the burial of impoverished persons and to offer assistance to anyone who may need the help of the Church through fund raising effort*  
 -From the Mission Statement of National Philoptochos



Did you know that something as simple and routine as shopping at Amazon can benefit Philoptochos? Shop at smile.amazon.com and 0.5% of the price of your purchase will be donated to Philoptochos. AmazonSmile (smile.amazon.com) is the charitable division of Amazon.com. Customers enjoy the same wide selection of products and low prices as Amazon.com, with the added benefit of knowing that 0.5% of the purchase price will be donated to the charitable organization of their choice. Log onto smile.amazon.com and you will be prompted to enter a charitable organization.

Enter "National Philoptochos" and in the future, always shop on smile.amazon.com and 0.5% of your purchases will be automatically donated to Philoptochos each time you shop.

With your generosity, last year, despite the pandemic, we were able to make contributions to many national organizations including, St. Basil Academy, Social Services, Cancer Fund, Autism Assistance Fund, St. Photios Shrine, Hellenic College/Holy Cross, OCMC, IOCC, Sisterhood of St. Basil Academy, OCF, Support A Mission Priest, Retired Clergy Benevolence Fund, Children's Medical fund, National Philoptochos Emergency Fund, Ecumenical Patriarch, Sisterhood Presbyters Benevolence Fund, General Medical Fund & UNICEF.

If you have a need Philoptochos and the Church would like to help. For this reason Philoptochos gives money to support the Priest's discretionary fund. Please know that if you have an immediate financial need you can contact Fr. Perry to discuss your situation and you can expect complete anonymity.



If you are facing an economic or financial hardship as a result of the COVID-19 pandemic and need emergency help meeting your rent or mortgage payment, utility, food, childcare, medical or other daily living costs, The National Philoptochos has set up an emergency fund to assist you. Please go to: <https://bit.ly/2UjFRZd> for more information and an application. You're not alone!

We are committed to assist those less fortunate and to make a difference. We are reaching out to all women in our community to invite, and involve you in our Philanthropic endeavors. We need your talents and skills. Your desire to serve and help others will find a place of welcome in this philanthropic organization.

In Christ's service,  
*Vicky Paraschou*  
 Philoptochos President

**Summer Book Discussion**

Join us beginning *Wednesday, July 14* at 7:30pm following Paraklesis (6:30pm) for a 4-week summer book discussion. We will be reading "Everywhere Present" by Fr. Stephen Freeman. Contact Stephen and Minda in the bookstore if you would like a copy. Please bring a snack to pass (fruit, chips, crackers, veggies, etc.). Week 1: Foreword-Chapter 2, Week 2: Chapters 3-5, Week 3: Chapters 6-8, Week 4: Chapters 9-11.

**JOHN PITSAVAS MEMORIAL SCHOLARSHIP ESSAY CONTEST**

**I. MISSION STATEMENT**

The John Pitsavas Memorial Scholarship is set up to provide the children of St. George Greek Orthodox Church, St. Paul, Minnesota, assistance in their pursuit of education by providing them an opportunity to share and express their Orthodox Christian faith through a written essay. In addition, the Scholarship is meant to motivate active participation in the youth programs and parish life of St. George Greek Orthodox Church.

**II. RULES OF QUALIFICATION**

Grants are available only to children affiliated with the St. George Greek Orthodox Church, St. Paul, Minnesota, provided that the children are attending church and participating in its activities. Eligibility applies to students who have graduated twelfth grade, or those attending a vocational school or an academic institution of higher education seeking to obtain a Bachelor's degree or the equivalent.

## Updates From the Parish Council



Greetings St. George community,

My favorite season is upon us, Summer. The warm Summer months allows our family to spend more time out doors, vacationing next to a body of water, and visiting the fairs and

festivals. With that being said the St. George Greek Festival is back! Somebody mentioned that the St. George Greek Festival is one of the longest running festivals in St. Paul. Any local historian buffs able to verify this information? The Greek Festival committee is planning for a one day event on *Saturday, August 21<sup>st</sup>* that will highlight food, Greek dancing, and fellowship. I can taste the gyros now, mmm... We will need help in the form of volunteers and sharing the event with family and friends. More details to come at a later date.

Regards,  
*Dean Natto*  
[dean@stgeorgegoc.org](mailto:dean@stgeorgegoc.org)  
 612-501-8647

### Updates

- ◆ Thanks to the Nickitas Camp scholarship fund, we provided 13 youth with a full scholarship to camp.
- ◆ Thank you to the Lambros family for establishing the Future and Legacy fund. This dedicated fund will help with the youth and senior ministries at St. George. Here is an excerpt from the F&L fund description:

The St. George Greek Orthodox **“Future & Legacy Fund”**(The F&L Fund)  
 Dated March 25, 2021

This fund is dedicated to the young “the future” and the elder “the legacy” parishioners of St. George Greek Orthodox Church (SGGOC), located in St. Paul, MN. St. George and the Lambros family have been partners for over 80 years, supporting scores of initiatives, to include the very beginning of the parish. This fund is intended to demonstrate the Lambros Family’s continued support of the church, in this case, specifically the youth and its seniors.

The focus of this fund was chosen to align with the family’s previous emphasis in supporting the church, its future and its history. The parishes youth will build the future and the elders have been the backbone for decades. The fund provides a small dose of energy to boost the parishes programs for these essential parishioners.

### Directions & Suggestions for Writing Your Essay

Mrs. Theologia Pitsavas and the review committee hope that writing this essay will help you articulate your beliefs and examine your spiritual journey and that this will encourage you in the future.

Your essay must be college-worthy in content as well as format. Spend enough time on this!

FORMAT: Your paper should be at least 1000 words in length (4-5 pages).

Use 12-point *Times New Roman* or a similarly-sized font and double space or space-and-a-half the lines.

#### CONTENT:

1. Keep the topic in mind as you develop your paper.  
 Focus on concrete examples from Orthodox writers, the Bible, and the Church Services as well as from your own experience.
2. Be sure to cite your sources (author, article or book, publishing information, and page number) for the outside information that you use. (Any of the committee members can advise you.)
3. To best express your ideas, pay attention to the structure of your essay.
  - a. Have an introduction, one or two paragraphs, with your thesis statement at the end of it.  
 (To make a thesis statement, turn the question, into a statement or sentence and add the aspects or the areas of the topic that you will be writing about.)
  - b. Each body paragraph needs a topic sentence that directs or organizes the ideas in the paragraph. This sentence is related to your thesis and specifies the focus (the aspect or area) of the topic you will discuss and in the paragraph.
  - c. The conclusion restates the question you are answering and briefly summarizes your thesis.
4. Before turning your essay in, check it for correctness in vocabulary, sentences, and grammar.

Have you answered the question? Thank you for participating!

*Lily Zahariades, Chair; Joanne Halatsis, Lerah McCullough, Minda Arsenault Pearson, Aida Abebe*

# JULY 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2* †St. John (Maximovitch) of Shangai Office closed	3 <div style="border: 1px solid black; padding: 5px; text-align: center;">ST. MARY'S CAMP</div>
4 Independence Day Orthros 8:30am Divine Liturgy 9:30am Dance Practice 7pm	5 †St. Athanasios of Mt. Athos Independence Day ob- served	6	7 †St. Kyriaki Daytime Bible Study 1:30pm Paraklesis 6:30pm	8	9	10
ST. MARY'S CAMP						
11 Orthros 8:30am Divine Liturgy 9:30am Dance Practice 7pm	12	13 Greek Fest meeting 7pm	14 Paraklesis 6:30pm Book Discussion 7:30pm	15	16	17 †St. Marina
18 †Sunday of the Holy Fathers Orthros 8:30am Divine Liturgy 9:30am Dance Practice 7pm	19 †St. Macrina	20 †Prophet Elias/Elijah Parish Council meeting 6:30pm	21 Daytime Bible Study 1:30pm Paraklesis 6:30pm Book Discussion 7:30pm	22 †St. Mary Magdalene & St. Markella	23 †Righteous Hannah	24
25 †Dormition of St. Anna Orthros 8:30am Divine Liturgy 9:30am Dance Practice 7pm	26 †Sts. Paraskeve & Hermolaos	27 †St. Panteliemon	28 Paraklesis 6:30pm Book Discussion 7:30pm	29	30	31 Divine Liturgy in Eau Claire, WI 9:30am



Key: shaded day = Fast Day  
 \* = wine & oil allowed  
 \*\* = fish, oil & wine allowed

# AUGUST 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat										
<b>1*</b> †Procession of Holy Cross: 7 Maccabean Children Orthros 8:30am Divine Liturgy 9:30am Dance Practice 7pm	<b>2</b> Loaves & Fishes 4:30pm	<b>3</b>	<b>4</b> Daytime Bible Study 1:30pm Paraklesis 6:30pm Book Discussion 7:30pm	<b>5</b> Vespers 6:30pm	<b>6**</b> †Transfiguration of our Lord Orthros 8am Divine Liturgy 9am Paraklesis 6:30pm	<b>7*</b>										
††DORMITION FAST††																
<b>8*</b> Orthros 8:30am Divine Liturgy 9:30am Dance Practice 7pm	<b>9</b> †St. Herman of Alaska & Apostle Matthias	<b>10</b>	<b>11</b> Paraklesis 6:30pm	<b>12</b>	<b>13</b> Paraklesis 6:30pm	<b>14*</b> Vespers at St. Mary's GOC 6pm										
††DORMITION FAST††																
<b>15</b> †Dormition of Theotokos Orthros 8:30am Divine Liturgy 9:30am College Student Blessing Dance Practice 7pm	<b>16</b> †St. Stamatios	<b>17</b> Parish Council meeting 6:30pm	<b>18</b> Daytime Bible Study 1:30pm Paraklesis 6:30pm	<b>19</b>	<b>20</b> †Prophet Samuel	<b>21</b> Greek Festival 11am-8pm										
<b>22</b> Orthros 8:30am Divine Liturgy 9:30am Festival Volunteer Apprecia- tion Lunch	<b>23</b>	<b>24</b>	<b>25</b> Paraklesis 6:30pm	<b>26</b>	<b>27</b> †St. Phanourios	<b>28</b> Divine Liturgy in Eau Claire, WI 9:30am										
<b>29*</b> †Commemoration of the Beheading of the Forerun- ner Orthros 8:30am Divine Liturgy 9:30am Dance Practice 7pm	<b>30</b> †St. Alexandros	<b>31</b> †Bell/Sash of Theotokos	<b>Sept 1</b>	<b>Sept 2</b>	<b>Sept 3</b>	<b>Sept 4</b>										
<div style="border: 1px dashed black; padding: 10px; display: inline-block;"> <b>Coming in September:</b> <table style="display: inline-table; vertical-align: top; margin-left: 20px;"> <tr> <td>1</td> <td>Ecclesiastical New Year</td> </tr> <tr> <td>6-7</td> <td>Labor Day holiday—office closed</td> </tr> <tr> <td>8</td> <td>Nativity of Theotokos</td> </tr> <tr> <td>14</td> <td>Elevation of Cross</td> </tr> <tr> <td>19</td> <td>Sunday School begins/Church Picnic</td> </tr> </table> </div>							1	Ecclesiastical New Year	6-7	Labor Day holiday—office closed	8	Nativity of Theotokos	14	Elevation of Cross	19	Sunday School begins/Church Picnic
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6-7	Labor Day holiday—office closed															
8	Nativity of Theotokos															
14	Elevation of Cross															
19	Sunday School begins/Church Picnic															



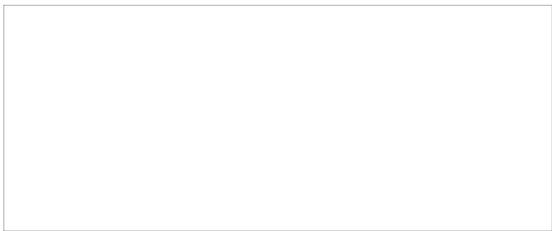
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Glad Tidings July-August 2021



**UPCOMING SERVICES**

Wednesday, July 7  
 Paraklesis 6:30 p.m.

Wednesday, July 14  
 Paraklesis 6:30 p.m.

Wednesday, July 21  
 Paraklesis 6:30 p.m.

Wednesday, July 28  
 Paraklesis 6:30 p.m.

Wednesday, August 4  
 Paraklesis 6:30 p.m.

Thursday, August 5  
 Transfiguration of our Lord  
 Vespers 6:30 p.m.

Friday, August 6  
 Transfiguration of our Lord  
 Orthros 8:00 a.m.  
 Divine Liturgy 9:00 a.m.  
 Paraklesis 6:30 p.m.

Wednesday, August 11  
 Paraklesis 6:30 p.m.

Friday, August 13  
 Paraklesis 6:30 p.m.

Saturday, August 14  
 Dormition of Theotokos  
**Vespers at St. Mary's GOC 6:00 p.m.**

Wednesday, August 18  
 Paraklesis 6:30 p.m.

Wednesday, August 25  
 Paraklesis 6:30 p.m.

**REGULAR WEEKLY SERVICES**

**Holy Confession:** By Appointment

**Vespers:** (Oct. - May) Saturday 5:00 pm  
 (except Lent, see calendar for changes)

**Orthros:** Sunday 8:30 am

**Sunday School:** (Sept. - May)  
 following Communion

**Divine Liturgy:** Sunday 9:30 am

