



Our Mission

St. George Greek Orthodox Church is a *Christ-centered Community* that: inspires faith and worship, cultivates spiritual growth and fellowship, and encourages benevolence and outreach.

Our Vision

Ascending together to the fullness of Life.



in this issue

Parish News p. 4

Parish Council News p. 8

Monthly Calendars p. 10

Youth News p. 6

Philo托chos News p. 8

A Word from Father Perry

Below is the first half of my sermon from the 2nd Sunday of Matthew on June 26, 2022. The reflection is based on the Epistle Reading that day from St. Paul's Letter to the Romans 2:10-16.

"For it is not the hearers of the law who are righteous before God, but the doers of the law who will be justified."

The Gospel is a call to action. Within the scriptures, we find the answers to life's most profound mysteries, to life's most challenging questions. From the Golden Rule to treat others as you would like to be treated to the Sermon on the Mount and the call to turn the other cheek. The wisdom of our faith is like a bottomless iceberg. We may only be familiar with the piece sticking out of the water, but there is an unfathomable mass below. Although there is an eternity of knowledge in our faith, "*knowing*" is actually only "*half the battle*." If one truly understands our faith, he or she must live it. This is what St. Paul is instructing us in this reading.

To put it another way, if our Orthodox Christian Faith is only discussed in a classroom or lecture hall, it is not the fullness of our faith. For our faith to be real, it has to be lived on the streets and affect how we treat and minister to those around us. In short, we have to be conscious not to create a dichotomy between head-knowledge of our faith and the lived knowledge of our faith applied in the real world. A surgeon may spend several years in the classroom, but he or she is not a surgeon until gowned up and treating someone in the operating room. Our faith is a lived way of life.

Before we can get to the doing, we must be equipped with at least a basic understanding of our faith. Naturally, we find this in the Holy Scriptures and within the liturgical services of the Church. That said, let's look at some of the basic teachings of our faith. Let's go back to the Old Testament to the 10 Commandments God gave to Moses in the book of Exodus, chapter 20.

"I Now the Lord spoke all these words, saying:

[1] 2 "I am the Lord your God, who brought you out of the land of Egypt, out of the house of bondage. 3 You shall have no other gods before Me.

[2] 4 "You shall not make for yourself an idol or a likeness of anything in heaven above, or in the earth beneath, or in the waters under the earth. 5 You shall not bow down to them or serve them[...]

[3] 7 "You shall not take the name of the Lord your God in vain[...]

[4] "8 "Remember the Sabbath Day, to keep it holy. 9 Six days you shall labor and do all your work, 10 but the seventh day is the Sabbath of the Lord your God. In it you shall do no work[...]

[5] 12 "Honor your father and mother that it may be well with you, and your days may be long upon the good land the Lord your God is giving you.

[6] 13 "You shall not murder.

[7] 14 "You shall not commit adultery.

[8] 15 "You shall not steal.

[9] 16 "You shall not bear false witness against your neighbor.

[10] 17 "You shall not covet your neighbor's wife or his house, and neither shall you covet his field [...] or whatever belongs to your neighbor."

It is important to remember and follow these 10 Commandments of God. Psalm 118:105 puts it this way, "*Your word is a lamp to my feet and a light to my paths.*" In short, we find health and wholeness; we become truly human when we listen to God, and his Word leads us through the path to life.

continued on next page

"A Word from Father Perry" continued from page 1

Having heard these ten vital commandments again, I would call our hearts and minds again to the New Testament. The Lord said in the Gospel of John 13:34-35, *"A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. By this all will know that you are My disciples, if you have love for one another."* All of the commandments fit under this umbrella. Honoring God is an act of love, honoring our parents is an act of love, preserving life is an act of love, living a life of gratitude is an act of love, and so on. This commandment is inclusive, indeed of the Ten Commandments and others as well.

I remember a Sunday School Teachers' meeting at a former parish. A beautiful thing happened in the discussion on our curriculum. The teachers agreed that whatever subject we teach, be it prayer, the scriptures, church history, etc., we needed to focus on practical application. We do not learn the facts of our Orthodox Christian Faith to win some hypothetical game of Orthodox Jeopardy. We learn the history of the Church and the struggles it faced and overcame so that it might inform the actions we take in our present lives. Edmund Burke once said, *"Those who don't know history are doomed to repeat it."* We read the lives of the saints so that their examples might inspire us to

follow their good examples. In other words, our Sunday School Teachers agreed that we need to teach the Orthodox Christian way of life.

I am not saying that learning is not critical. Learning is critical. Before becoming an apostle, we must be a disciple (a student). We need to be lifelong disciples of Christ. We need to continue to sit at the feet of the Master and absorb as much of His Divine Knowledge and Teachings as we can in order to share that Gospel with others and find healing and wholeness in our lives. In the same breath, however, we must never forget that knowledge of our faith needs to move from our minds to our hearts to action in the ways that we serve the least of these. As the Lord said in the Gospel of Matthew 25:34-36, *"Then the King will say to those on His right hand, 'Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: 'for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.'" On this, the 2nd Sunday of Matthew, may we be reminded of this important teaching from St. Paul's Letter to the Romans, "For it is not the hearers of the law who are righteous before God, but the doers of the law who will be justified."*



Sensory Saturday, June 4



Memorial Day fellowship hour, May 29



Artoklasia baking, May 22



Arboretum trip, May 19

Registry

Baptisms

May 15 Nikoleta Chouliaris; godparent is Athena Pitsavas
 May 22 Margeaux Evgenia Eliou; godparents are Stephanie & Dino Contolatis
 June 11 Dylan Eisenhuth; godparent is Stephen Arsenault
 June 25 Joaquin Zubulake; godparent is Deena Zubulake

Weddings

May 7 Christina Withers & Bryan Bakke; koumbara is Joanna Tzenis

Memorials

May 29 Metropolitan Iakovos (5 years)
 June 5 Thekla Katsibra (1 year)

Funerals

May 20 Frank Nemeth



Scripture Readings

For a complete listing of daily readings go to <https://www.goarch.org/chapel/calendar>

Sunday, July 03: Romans 5:1-10 | Matthew 6:22-33
 Sunday, July 10: Romans 6:18-23 | Matthew 8:5-13
 Sunday, July 17: Titus 3:8-15 | Matthew 5:14-19
 Sunday, July 24: Romans 12:6-14 | Matthew 9:1-8
 Sunday, July 31: Romans 15:1-7 | Matthew 9:27-35
 Sunday, August 07: I Corinthians 1:10-17 | Matthew 14:14-22
 Sunday, August 14: I Corinthians 3:9-17 | Matthew 14:22-34
 Sunday, August 21: I Corinthians 4:9-16 | Matthew 17:14-23
 Sunday, August 28: I Corinthians 9:2-12 | Matthew 18:23-35

STREAMING SERVICES

Click one of the links below to stream upcoming services:

YouTube Channel

<https://www.youtube.com/c/stgeorgestpaul>

Facebook Page

<https://www.facebook.com/stgeorgestpaul/>

Church Staff and Office Hours

Church Office Hours
Tues-Fri 9:00am—2:00pm
(Closed Mondays)

Fr. Perry Kallis, Pastor
 (651) 706-9672 cell
 Email: frperry@stgeorgegoc.org

Julie Delton
 Administrative Assistant
 (651) 222-6220
 Email: office@stgeorgegoc.org

Editor, Glad Tidings newsletter
 Email: GladTidings@stgeorgegoc.org

Dean Natto
 Parish Council President
 (612) 501-8647
 Email: dean@stgeorgegoc.org

Aleka Pitsavas
 Sunday School Developer & Organizer
 (507) 213-8044
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Vicky Paraschou
 Philoptochos President
 (763) 785-8882
 Email: vicky.paraschou@yahoo.com

Eleni Hoffhines
 Welcome & Outreach Coordinator
 (651) 484-0382
 Email: eleni42@q.com

Alexis Bighley
 Stewardship Chair
 (651) 308-8814
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George Mastrogorgis
 Missions & Benevolence Coordinator
 Email: gmastrogorgis@yahoo.com

Stephen & Minda Arsenault
 Bookstore
 Email: bookstore@stgeorgegoc.org

Niko Vasilopoulos
 Ministries Coordinator
 Email: niko@stgeorgegoc.org

Submissions for upcoming issues are due by the 10th of the preceding month.



Blood Drive Results

The May 4 Red Cross Blood Drive hosted at St. George by the Lexington-Hamline Community Council was a success! The goal was to collect 30 units, and 40 were collected. Additional numbers: Donors Scheduled: 39; Deferred/QNS: 1/0; Walk-ins: 3; No Shows: 6; First time donors: 3; Over 120 lives will be impacted!



Memory Eternal

It is with a heavy heart, but with hope in the Resurrection of our Lord Jesus Christ, that we share with you the passing of +Frank Nemeth, on May 14, 2022. Please click here to view Frank's obituary: <https://willwerscheid.com/tribute/details/268675/Frank-Nemeth/obituary.html#tribute-start>

And also the passing of +Elaine Smith, on May 15, 2022. +Elaine is the mother of Clark Smith and mother-in-law of Denise Smith. Please click here to view Elaine's obituary: <https://www.washburn-mcreavy.com/obituaries/Elaine-Smith-31/#!/Obituary>

And also the passing of +Margie Koutsoukos, on May 26, 2022. The funeral was on May 31 at St. Mary's GOC.

+Margie is the mother of Elaine Koutsoukos. See Marie's obituary: <https://www.washburn-mcreavy.com/obituaries/Margie-Koutsoukos/> May their memory be eternal! May the Lord grant them rest where all the saints repose.

Summer Book Discussion

Please join us on Wednesday, *July 13* at 7:00 pm and Wednesday, *August 10* at 7:00 pm. We will be reading *The Great Divorce* by C.S. Lewis. See the Sunday bulletin for final details; visit the bookstore to pick up your copy.

Fellowship Hour Hosts Needed

We have no hosts signed up for the remainder of the summer. If you can sign up for a Sunday, please contact Elise at EDWerger@aol.com or 612-867-8047. Thank you!

Stewardship Message

Dear Fellow Parishioners,
Once again St George has been blessed by your generosity in Giving. We received a total of Year to Date \$119,215 in 2022 compared to YTD of \$109,267. Thank you all for your continuing generosity.

Yours in Christ

Alexis Bighley, Stewardship Chair

Please sign up!! Text Message Reminders for Youth & Family Events!

We have some AWESOME Youth & Family events coming up, and you don't want to miss out. Join our text message system *Remind* to stay up to date with all of our communications. Join by clicking <https://www.remind.com/join/stgyandf>

Summer Church Visits

Traveling this summer? Please send in (gladtidings@stgeorgegoc.org) photos of you/your family in front of/at the Orthodox Churches that you visit! Please include in your submission the name of the church and the city/state/

country. Photos submitted by August 10 will be published in the Sept-October Glad Tidings.

Metropolis of Chicago 2021 Impact Report

The Metropolis of Chicago recently announced the publication of its 2021 Annual Impact Report, "Bearing Fruit for Generations to Come." The purpose of the report is to provide data and information related to the financial performance, ministry building, and community outreach of the Metropolis on an annual basis. View the full report: <https://chicago.goarch.org/wp-content/uploads/2022/04/2021-Annual-Report.pdf>

Volunteers Needed for the Greek Festival July 29 and 30

Please volunteer for the Greek Festival to make it a success! Working together helps us get to know each other, this important event is a key Church fundraiser, and you might learn some new skills. Volunteers are needed before, during, and after the festival. All kinds of skills are needed, not just food prep. Sign up in the fellowship hall after Liturgy, or use the SignUp Genius website at the following link: <https://www.signupgenius.com/go/10C0D4CA5AD2BABFF2-2022>. If you have questions, call the Church office, ask any of the festival committee members, email the volunteer coordinator, Yodahe Gamada at yodahegamada@gmail.com, or visit the SignUp Genius website.

Save the Date – September 18

Please support the Lyn Olson Medical Crisis Program by attending their annual gala on September 18, 2022, from 3:30-6pm at the Korluka Equestrian Farm in Stillwater, MN. Enjoy great food, horses, yard games, silent auction, music and more.

Many Years!

Χρόνια Πολλά!

JULY NAMEDAYS

July 7: Kyriaki Tirokomos; **July 12:** John McCullough; **July 14:** Nikodimi Dokos; **July 17:** Marina Antoniou; **July 19:** Minda Arsenault, Lerah McCullough; **July 20:** Leonardo Crowther, Louis Ellis, Elias Hofrenning, Louis Tri-gas, Luis Wakely; **July 22:** Jackie Matuska; **July 25:** Rosanna Baffa, Kimberly Gounaikis, Dinah Lampros, Anna Mantoles, Anna Pitsavas Wakely, Anna Maria Simon, Ann Speredon; **July 26:** Becka Dokos, Evie Dokos, Evie Jordan, Wendy Loudas, Parker Paraschou, Parry Paraschou, Paraskevas Tsobanakis; **July 27:** Paul Loudas.

MAY NAMEDAYS (omitted from previous issue)

May 8: Emily Hattling

AUGUST NAMEDAYS

August 6: Sotirios Parashos, Sotiros Poullos; **August 8:** Jessica Berge, Emily Boosalis, Milam Paraschou; **August 14:** Maria Andrews, Michelle Berge; **August 15:** Mary Ellen Arvanitis, Peter Boosalis, Taylor Canas, Melina Chadwick, Panagiotis Connolly-Christoforides, Panos Delton, Mary Dimitropoulos, Peter Drivas, Mary Ellis, Fiona Eustathiades, Mary Georgantones, Luke Gomez, Maria Hatzis, Mary Kalogerson, Blien Kibrom, Maria Kontinakis, Panayiotis Kontinakis, Margery Makredes, Mary Makredes, Maria McKinney, Marisa Mortari, Maria Natto, Mariano Negron, Panayiotis Negron, Tammy Newman, Maria Paraschou, Maria Taratsas, Takis Taratsas, Peter Tountas; **August 16:** Stella Hofrenning, Stella Lake, Alkiviadis Morellas, Stamatios Morellas, Stamatios Pothos; **August 20:** Samuel Brandt, Sam Kantos, Lucius McCullough, Samuel Syvertsen; **August 30:** Alexandros Balasis, Alexander Chadwick, Alek Eidsvold, Alexandra Gounaikis, Alexandros McMahon, Liam Rizzo, Alexandra Selliris, Alexander Tsobanakis.

*If you do not see your name listed, or if it is listed incorrectly, please contact Julie in the office.

Calling all Bakers!

Volunteer opportunities available to help prepare the Greek Pastries that we will offer during the Greek Summer Festival. This is a great opportunity to not only help, but to be part of a fun-loving group and learn about baking, among other things! We will be baking the following Wednesdays from 9:30 until 4:00ish. *July 6, 13, 20 and 27.* Contact Nanette Gomez at 651.335.6132 or nanette-gomez1@gmail.com for details.

OCPM Job Opportunity

Orthodox Christian Prison Ministry, one of the agencies of the Assembly of Bishops, is seeking to fill a full-time position in the Twin Cities. See the job description here: <https://theocpm.org/about-us/careers/> or call (347) 868-6940.

Pan-O Dance July 23

Hello, Pan-Orthodox community of Minnesota! We are excited to announce the return of the Pan-O dance! It is an event for all; parents, kids, young adults, babushkas, taetas, papous, etc. This year the

Pan-O dance will be on *July 23* at 6pm and hosted outside at the St. George Antiochian pavilion. Address: 1250 Oakdale Avenue West St. Paul. Drinks will be provided by the Twin Cities YAL! Please bring a snack or appetizer to share! We look forward to seeing you all there! If you have any questions please contact Francine Perry: fsperry1@comcast.net

Metropolis of Chicago Launches Leadership Podcast

The Greek Orthodox Metropolis of Chicago has announced the launch of its new podcast-style educational series, *Called to Lead: An Orthodox Christian Perspective*. Primarily intended for parish council members, heads of ministry, and volunteer coordinators, the series is envisioned to be a leadership development program rooted in Orthodox Christian ideas and values.

The program was developed by the Metropolis' Lay Leadership Strategic Plan Goal Team, which settled on a podcast-style format to deliver its leadership tuto-

rials anytime, anywhere. The series is available on the Metropolis website at: <https://chicago.goarch.org/called-to-lead/>.

Festival Yard Signs Wanted

If you still have a festival yard sign being stored in your basement or garage, please return it to the church as soon as possible. We plan to update & reuse them through the month of July. Thank you!

Ancient Faith Women's Retreat - November 10-13

This retreat will take place in Bolivar, PA. For more information and to register: <https://store.ancientfaith.com/2022-afwr/>

Bookkeeping Schedule in July

Our bookkeeper will be away *July 18-29*; please allow extra time when submitting receipts for reimbursement during that period. Festival committee chairs, be especially mindful of this timing when submitting check requests for vendor payments!

St. George Youth

John Pitsavas Memorial Scholarship 2022

The Scholarship Committee announces the opening of this year's essay contest for the John Pitsavas Memorial Scholarship. The first-place winner will receive the \$1,000 Pitsavas scholarship, made possible by the generosity of the Pitsavas family. Second and third place winners will be awarded \$500 and \$300 scholarships respectively, funded by the St. George Missions & Benevolence Committee.

This year's essay question is: *As you go on to college, how might your Orthodox Christian faith give you direction and strength for the road ahead, especially during difficult times or when your faith is tested?* You are encouraged to use examples from any past struggles. Essays should be at least 1000 words. The following passages may help you reflect on this topic: 2 Tim 4:7-8, Mt 5:1-12, Eph 6:10-18.

2022 high school graduates and current college students of active St. George families are eligible to apply unless they have previously received the scholarship. Students may be at any stage of their undergraduate journey. The deadline for submitting essays is Tuesday, July 19 at 2 pm. Contact the church office for more details at office@stgeorgegoc.org. The winner will be announced on August 14 – College Student Sunday.

Teen Loaves & Fishes Night a success!



A special thank you to our teen volunteers, Alek Eidsvold, Sabrina Corbera and Manoli Mastrogiorgis. Along with Fr. Perry and a few parents, they coordinated the meal packaging and produced 193 meals for the hungry. This meal was prepared with ingredients generously donated by Theologia Pitsavas in memory of both Vasilis and Yiannis Pitsavas. Thank you for supporting Missions and Benevolence, Memory Eternal!

Congratulations Graduates!

Congratulations to graduating high school seniors: Evie Jordan, Spiros Kapetanakis, Manoli Mastrogiorgis and Alexandra Rylander.

Congrats also to college graduates: Panos Delton, Andrew Hattling, Lily Lampros, Evangeline Werger (Master's) and Maria Werger.



Evie Jordan



Lily Lampros



Spiros Kapetanakis



Manoli Mastrogiorgis



Andrew Hattling



Maria Werger



Evangeline Werger



Alexandra Rylander



Panos Delton



Sunday School
Graduation &
Promotion
May 15, 2022

Youth & Family Kickball Game

Join us after Liturgy on July 10th at Central Park in Roseville for a fun kickball game! Don't forget your sneakers as we see who can run the bases the fastest! Who will win – Kids vs parents? Older siblings vs younger siblings? All are welcome as spectators and there will be hamburgers, hotdogs, and snacks for after the game. Sign up at <https://bit.ly/STGKickball>. If you have any questions, please contact niko@stgeorgegoc.org



Calling All Ninjas!

St. George Youth & Family takes on the challenge of the Ninja Obstacle Academy! Join us on August 18th from 12:00 - 2:30 for training, games, and an obstacle course. Lunch will be provided :) Meet at: 7615 Golden Triangle Dr. Eden Prairie, MN 55344. Ready for the challenge? RSVP to niko@stgeorgegoc.org



Dave & Busters
May 13, 2022





Philoptochos

To aid the poor, the destitute, the hungry, the aged, the sick, the unemployed, the orphaned, the imprisoned, the widowed, the handicapped, the victims of disasters, to undertake the burial of impoverished persons and to offer assistance to anyone who may need the help of the Church through fund raising effort

–From the Mission Statement of National Philoptochos

In May, we were pleased to host an educational luncheon featuring Deb Korluka speaking about “The History of Greek Orthodoxy in the Eastern Slavic Nations”.



The Orthodox women of Philoptochos are involved in all areas of philanthropy. Whether it be on a global scale, helping earthquake and tsunami victims, or helping a struggling parishioner to pay a bill, Philoptochos seeks to serve those in need. Following the dictates of Christ, we seek to aid those who are in physical or emotional pain, work in homeless shelters, conduct food drives, raise funds for cancer, autism & other medical needs. We help our parish in countless ways; we extend our hand to as many as we can. And as we do this work, we find not only the joy of giving and helping, but in creating fellowship and treasured friendships among our members. Philoptochos needs you. Your desire to serve and help others will find a place of welcome in this philanthropic organization. Please join us at our next meeting on Sunday, September 11th following Divine Liturgy.

In Christ's service,
Vicky Paraschou
 Philoptochos President

Update From the Parish Council



Greetings St. George community,

Does anyone else feel like we jumped from winter to summer with spring being left out? Gotta love Minnesota weather. With the snow behind us for the next couple of months, we welcome the warm-

er weather and being outdoors. What better way to enjoy the outdoors of summer than at the Greek Summer Festival. This year's event will be on Friday, July 29 from 6 to 9 PM and Saturday, July 30 from 11 to 8 PM. The Greek Summer Festival will highlight great food, entertainment, bazaar, and much more! Friday night will have a special date night that features a meal package with bottle of wine and live music-dance entertainment. This is a great way to bond as a community and help raise funds for the ministries at St. George. We will need help in

the form of volunteers and sharing the event with family and friends.

Mark your youth calendars for July 10th kickball game and August 18th Ninja Warrior course. I'm dusting off my athletic gear for both events.

Father and myself will be traveling to the National Clergy Laity in New York City on July 4th. I look forward to reporting back to the Parish.

Thank you to the teens who helped at Loaves & Fishes in June.

Again, thank you to the Nickitas scholarship for helping send our St. George youth to Summer camp!

Regards,
Dean Natto
dean@stgeorgegoc.org
 612-501-8647

55+ Road Trip to Duluth! Saturday, July 16

Cost \$25/pp This trip is partially subsidized by the St George Future and Legacy Fund. Everything below is included. Fully subsidized for those 55+ who would like to attend and have financial need. Any aides of guests needing assistance are also subsidized. Parishioners under age 55 are welcome and encouraged to attend!

8:45am Depart St. George church parking lot

Comfortable coach travel to Duluth by private Minnesota Coaches; coach bus with restroom. Game/Basket giveaway!

11:30am Lunch

Delicious sit-down lunch at Little Angie's Cantina and Grill in historic, bustling Canal Park (see 7 menu choices). Twelve Holy Apostles' Fr. Dustin will join us!

12:45pm Self-guided/ paced sightseeing in Canal Park

-2:30pm Enjoy the freedom of sightseeing in Canal Park at your own pace. Free points of interest include: Aerial Lift Bridge, architecture-North Pier, Lighthouse, Boardwalk at the waterfront, shops, US Army Corps of Engineers Lake Superior Maritime Visitors Center and Museum (free admission), lakefront views of picturesque Lake Superior

2:30pm Group photo

2:45pm Coach bus to Twelve Holy Apostles Greek Orthodox Church/ tour with Fr. Dustin

Tour Twelve Holy Apostles GOC church in Duluth with Fr. Dustin

4:00pm Depart for return to St. George

Small snack for return to St. George

6:30pm Arrive at St. George church parking lot

Lunch Menu

BEVERAGE CHOICES

Coffee, hot tea, iced tea, lemonade or soda (other beverages available for purchase by guests separately)

MENU

Chicken Avocado Salad (House Specialty)

Romaine lettuce tossed in cilantro-lime vinaigrette and topped with grilled chicken, grilled pineapple, avocado, tomatoes and red onions.

Street Tacos

3 corn tortillas with choice of grilled chicken or steak* topped with mix of cilantro, onion and radish drizzled with cilantro-lime vinaigrette. Served with a side of zucchini.

Tropical Tacos* (House Specialty)

A pair of soft-shell tacos filled with Cajun seasoned and seared shrimp, lettuce, Tropical Salsa (papaya, mango, pineapple, strawberries,) and drizzled with avocado-jalapeno sauce. Served with seasonal fruit.

Chipotle Bacon Chicken Wrap (House Specialty)

Choice of deep-fried chicken tenders or grilled chicken breast, bacon, lettuce, tomato, red onions and cheese wrapped in a flour tortilla dressed with chipotle mayo. Served with a side of fries or fruit.

Cowboy Burger

Our all-beef patty topped with lettuce, tomato, and mayonnaise. Served on a butter toasted bun with a choice of fries or fruit.

Veggie Fajita

Marinated and char-grilled zucchini, red onion, sweet peppers, tomatoes, carrots, and pineapple served on a sizzling platter. Accompanied with flour tortillas and sides of sour cream, guacamole, cheese and lettuce.

55+ Road Trip to Duluth

Saturday, July 16

8:30AM - Embark coach bus from St. George

Bus has a restroom

- Lunch in Canal Park at Little Angies Cantina

- Stroll Canal Park and nearby surroundings

- Church tour with Fr. Dustin

6:30 - Arrive back at St George

**!! RSVP with
Joanne Halatsis
651-778-2485 !!**

Cost is \$25 / person thanks to a substantial subsidy by the Future and Legacy Fund! (Those in need of financial assistance and aides who accompany others, are fully subsidized)



JULY 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1*	2 †St. John (Maximovitch) of Shanghai
						St. Mary's Camp
3 †2nd Sunday of Matthew Orthros 8:30am Divine Liturgy 9:30am	4 Independence Day	5 †St. Athanasios of Mt. Athos Office closed— Independence Day holi- day	6 Festival Baking 9:30am Online Bible Study 1:30pm	7 †St. Kyriaki the Great Martyr	8*	9
			St. Mary's Camp			
10 †4th Sunday of Matthew Orthros 8:30am Divine Liturgy 9:30am Youth & Family Kickball Game at Central Park in Roseville 10:30am	11	12	13 Festival Baking 9:30am Evening Service 6pm Summer Book Discus- sion 7pm	14	15	16 55+ Duluth Trip 8:30am
17 †Sunday of the Holy Fathers of the 4th Ecumenical Council Orthros 8:30am Divine Liturgy 9:30am	18	19 †St. Macrina Parish Council Meeting 6:30pm	20* †Prophet Elias/Elijah Festival Baking 9:30am Online Bible Study 1:30pm	21 Little Lambs Kickoff Beach Day	22* †St. Mary Magdalene & St. Markella	23 †Righteous Hannah
24 †6th Sunday of Matthew Orthros 8:30am Divine Liturgy 9:30am Festival Baking 12pm	25 †Dormition of St. Anna	26 †Sts. Paraskeve & Her- molaos	27* †St. Panteliemon Festival Baking 9:30am	28	29 Greek Summer Festival 6 -9pm	30 Greek Summer Festival 11am-8pm
31 †7th Sunday of Matthew Orthros 8:30am Divine Liturgy 9:30am						

AUGUST 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 †Procession of Holy Cross; 7 Maccabean Children Loaves & Fishes 4:30pm	2	3 Online Bible Study 1:30pm Paraklesis Service 6:30pm	4	5 Great Vespers 6:30pm	6** †Transfiguration of our Lord Jesus Christ Orthros 8:30am Divine Liturgy 9:30am Blessing of the Grapes 10:30am
††DORMITION FAST (through August 14)††						
7* †8th Sunday of Matthew Orthros 8:30am Divine Liturgy 9:30am Sunday School Teachers Meeting 10:30am	8	9 †St. Herman of Alaska & Apostle Matthias	10 Paraklesis Service 6:30pm Summer Book Discussion 7pm	11	12 Paraklesis Service 10am	13*
††DORMITION FAST (through August 14)††						
14* †9th Sunday of Matthew Orthros 8:30am Divine Liturgy 9:30am College Student Blessing & Scholarship Award Presentation 10:30am Vespers 6pm	15 †Dormition of Theotokos Orthros 8am Divine Liturgy 9am Parish Council meeting 6:30pm	16 †Stamatis	17 Online Bible Study 1:30pm	18 Youth & Family Ninja Warrior Obstacle Course Trip 12pm	19	20 †Prophet Samuel
†DORMITION FAST†						
21 †10th Sunday of Matthew Orthros 8:30am Divine Liturgy 9:30am	22	23	24	25	26	27 †St. Phanourios Divine Liturgy in Eau Claire, WI 9:30am
28 †11th Sunday of Matthew Orthros 8:30am Divine Liturgy 9:30am	29 †Commemoration of the Beheading of the Forerunner John the Baptist Orthros 8am Liturgy 9am	30 †St. Alexandros	31 †Belt/Sash of Theotokos	Key: shaded day = Fast Day * Wine and oil are allowed. Refrain from meat, fish, dairy, and eggs ** Fish, oil and wine are allowed: Refrain from meat, dairy and eggs *** Dairy Allowed: Dairy, eggs, fish, oil and wine are allowed. Refrain from meat		



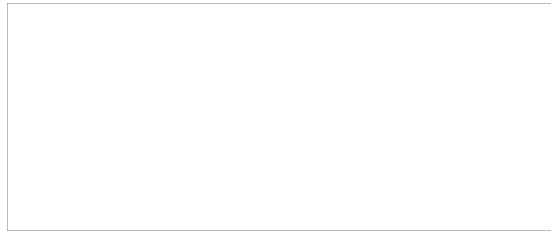
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Glad Tidings

July-August 2022



Metropolitan Nathanael's
Pastoral Visit
June 19, 2022